

Tai Sophia Institute

Master of Science in Therapeutic Herbalism



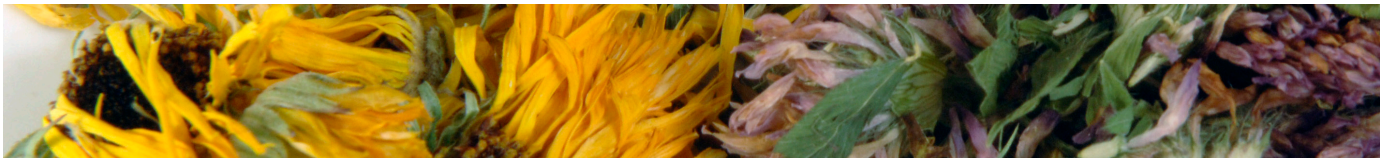
Tai Sophia Institute is excited to announce a redesigned and reformatted **Master of Science in Therapeutic Herbalism**. The program is delivered by a highly experienced international faculty and offers students the country's only master's degree in the field of herbalism.

The curriculum integrates modern scientific knowledge with traditional wisdom to generate a well-informed understanding of the therapeutic potential of medicinal plants. Combining practical skills with foundational theory, the program provides a pre-clinical education covering the principles of health and wellness; herb identification and harvesting; herbal pharmacy; herbal pharmacology and phytochemistry; integrative human physiology; materia medica and herbal therapeutics.

Students are empowered with the critical thinking skills and health information literacy needed to be effective researchers, writers, educators, and consultants. Graduates will be leaders in an exciting and expanding field, prepared for work in industry and academics, and eligible for comprehensive clinical training to prepare them for clinical work in herbal medicine.

Program Highlights

- Dynamic curriculum integrates modern scientific knowledge with traditional herbal wisdom.
- Prepares graduates with the foundational knowledge, critical thinking skills, and information literacy needed to succeed in a career and advance the field of herbal medicine.
- 19-month, 36-credit program is delivered in a weekend and intensive format.
- Hands-on learning includes a 5-day field trip to a nationally renowned plant sanctuary in Ohio, and experience in the Institute's own on-campus herb garden and woodlands.
- Opportunities to learn about medicinal plants in one of America's most extensive western herbal medicine gardens, Dr. James A. Duke's "Green Farmacy" Garden, located three miles from the Tai Sophia campus.
- Full access to the Institute's outstanding on-site library, which houses Dr. James A. Duke's comprehensive ethnobotanical library as well as extensive resources for research in herbal pharmacology, materia medica, nutrition, human physiology, and holistic healing.
- Prepares graduates for the post-master's clinical training program offered at program completion.
- Builds upon training in herbal graduate certificate programs.



Professional Opportunities

Herbal therapeutics are used to support and restore health and wellness around the globe. As we increasingly emphasize well-being and natural health and healing in our healthcare choices, the need for knowledgeable professionals in this field continues to grow. Our graduates will be leaders in conducting, interpreting, and applying research in industry and academia while having the perspective and depth provided by a program rooted in traditional principles. Natural products industry opportunities include work in quality control departments; product development and substantiation of product claims; development of educational materials; and work in integrated pharmacies. Faculty positions at colleges and other teaching institutions are also a strong opportunity for graduates with well-developed critical thinking skills and advanced knowledge in integrative health literacy. Our graduates are also eligible for our post-master's certificate program in Clinical Herbalism that prepares them for clinical work in independent practice or alongside primary care.



Curriculum

		Credits
Trimester 1		
ISci 632	Foundations of Health and Wellness*	3
HRB 530	Fundamentals of Herbal Medicine*	3
Total		6
Trimester 2		
		Credits
HRB 604	Frequently Used Herbs: Understanding for the Health Professional	3
OR		
HRB 618	Herbs for Home Use: Living in Harmony with the Seasons	3
HRB 622	Herbal Pharmacy: Evaluating and Manufacturing Quality Herbal Products	3
Total		6
Trimester 3		
		Credits
ISci 647a	Physiology I: Healthy Function	3
HRB 634c.1	Field Trip/Nature Intensive	1
HRB 654b	Herbal Pharmacology & Phytochemistry	3
Total		7
Trimester 4		
		Credits
ISci 647b	Physiology II: Movement away from Health	3
HRB 620a	Herbal Therapeutics I	3
HRB 605c	Materia Medica II	3
Total		9
Trimester 5		
		Credits
HRB 634c.2	Field Trip/Nature Intensive	2
HRB 620b	Herbal Therapeutics II	3
	Elective	3
Total		8
		TOTAL PROGRAM 36

* These courses may be taken individually as an Advanced Special Student (PASS). All other courses must be taken in sequence.



Program Format

The Master of Science in Therapeutic Herbalism is delivered in a format to accommodate working professionals or those traveling from a distance. The 36-credit degree is designed to be completed in 19 months of concentrated weekend study (approximately one weekend each month plus a few additional weekends). There is also a five-day intensive in Trimester 5.

Admission Requirements

To be considered for admission to all graduate academic programs, including master's degree and graduate certificate programs, applicants must have a bachelor's degree from a regionally accredited institution.* In addition applicants must submit an official transcript for the bachelor's degree and all degrees earned beyond a bachelor's degree.

Required application materials include the following:

- An application form
- An application fee (Please see the section titled Application and Admission Procedures)
- A resume
- An essay following the guidelines outlined in the application form**
- Official transcript to verify completion of a baccalaureate (bachelor's) degree from an accredited educational institution
- Official transcript of highest degree earned beyond a baccalaureate

* If the bachelor's degree was not completed at a college or university accredited by an accreditation body recognized by the U.S. Department of Education, copies of the institution's academic catalog may be required and course syllabi may be requested.

** Applicants to Graduate Certificate Programs in Chinese Herbs, Animal Acupuncture and Women's Holistic Health are not required to submit an essay.

During the application review process an interview may be required for some programs.

International Students please refer to the instructions outlined in the **International Students** section of the catalog for additional information.

Program Faculty

Interim Program Manager
Valerie Mae Wright, M.S.

Featured Faculty

Bevin Clare, M.S., LDN, CNS, RH(AHG)
Sara Eisenburg, M.S.
Simon Mills, M.A., FNIMH, MCPP
Gerard Mullin, M.D., M.S., CNSP
Andrew Pengelly, Ph.D., RH(AHG), FNHAA

(View bios and the most up-to-date list of faculty and guest lecturers at www.tai.edu)

Tuition and Fees

Application Fee: \$95

Tuition Deposit: \$750

An individual accepted into one of Tai Sophia's degree programs will be billed a non-transferable, non-refundable deposit. This deposit holds a seat in the class for which the applicant has been accepted and will be applied to tuition upon matriculation.

Tuition

Tuition for the Master of Science in Therapeutic Herbalism is \$580/credit for the first 12 credits (Academic Year Fall 2012 – Summer 2013) and \$630*/credit for the remaining 24 credits (Academic Year Fall 2013 – Summer 2014). Please see the program's tuition schedule at www.tai.edu for complete details.

*Tuition rates for Academic Year Fall 2013 – Summer 2014 are subject to change.

For additional information and to visit the campus, please contact the Office of Graduate Admissions at 410-888-9048 ext. 6647, or admissions@tai.edu, or visit www.tai.edu.



Financial Aid

The financial aid office is committed to helping each current and prospective student with the financial aid process. The financial aid director is available to assist you in planning to make your education at Tai Sophia Institute a reality.

To apply for federal financial aid, students should complete the Free Application for Federal Student Aid (FAFSA) online at www.fafsa.ed.gov. Tai Sophia Institute's school code to use when completing the FAFSA is G25784. For more information see our Financial Aid Guide or go to www.studentloans.gov.

For scholarship and full financial aid details, please visit the Academic Catalog online at www.tai.edu.

Post-Master's Certificate in Clinical Herbalism

The Post-Master's Certificate in Clinical Herbalism program provides graduates of the M.S. in Therapeutic Herbalism program and other qualified applicants with the skills and knowledge to build a safe and effective clinical practice in herbalism. The curriculum educates students to apply a bio-psycho-social model of care to meet health and wellness goals. Students see clients in the Tai Sophia teaching clinic, learn to conduct a comprehensive assessment and work cooperatively with clients to develop goals and an individualized health plan. The main emphasis of the program is on developing real-world, clinical competence. Topics such as ethical, business and legal issues in clinical herbalism are explored in order to facilitate transition from student to working professional.

About Tai Sophia Institute

Founded in 1974, today Tai Sophia Institute is a leading academic institution for health and wellness education, client care, and public policy discourse. Accredited by the Middle States Commission on Higher Education, the Institute offers graduate certificates and degrees in a wide range of wellness topics, as well as community workshops and continuing professional education programs.



Tai Sophia's network includes 10 clinical sites in the Baltimore/Washington corridor. These sites provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.



**Tai Sophia
Institute**

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