



Tai Sophia
Institute

REUNION POINT

Alumni Newsletter

Spring 2008

Volume 19, Number 1

What services are available for you?

Recently, while speaking with a graduate, I had the thought that perhaps many of you do not know the scope of services I/we at Tai Sophia are here to provide for you. The Office of Alumni Relations serves many roles at Tai Sophia Institute.

A broad scope includes:

- Creating Reunion Point
- Monitoring and posting on the Yahoo groups
- Coordinating the Alumni Council
- Planning for on- and off-site events
- Management and coordination of ambassadors to host events
- Guiding businesses for job placement opportunities by listing spaces available for rent or their need for practitioners on the "Marketplace" area of our website
- Planning the commencement luncheon
- Answering emails and updating contact information for the three graduate and two post-baccalaureate programs
- Sending thank-you notes for new student referrals
- Attending student completion reviews and all-school meetings

...to name just a few. As your needs change, so can our services; please let me know how I can help. If you have ideas or suggestions for any of the roles listed above, know that I am eager for feedback. Please call on me; I am here for you!

Update your information for the on-line referral list.

One of my concerns is that many of you may remain confused as to how to update your contact information for the "Find a Practitioner" referral listings. I would like to dispel any such confusion by reminding you that updating your information is easy and just an email away! Should you move, change phone numbers — or whatever that shift may be for you — please email all changes to alumni@tai.edu. Every request is confirmed once the change has been made. If you would like to add your website to your existing contact information (a new offering being made to all graduates), let me know. I would be more than happy to add it for you.

The Applied Healing Arts program has presented some challenges when it comes to making contact information available for AHA alumni. We list information about our acupuncture and herbal graduates in the "Find a Practitioner" area of our website; however, because the website is open to the public, it is not an appropriate setting for contact information about AHA

graduates, most of whom are not practitioners. I want AHA alumni to know I am looking for an appropriate way to offer your contact information related to your AHA work. Any ideas are greatly appreciated. Please send me an email; call my extension 6618; or, should you be at the Institute, drop by my office.

Receive Reunion Point via email.

Years ago, we began emailing Reunion Point directly to those who had made that request. Emails change over time, and we would like to again confirm that we have your most current email address to ensure you are getting Reunion Point. So once again, if you are interested in receiving Reunion Point via

your email, please forward your email address to me at alumni@tai.edu — even if you think I have your address. Let's get everyone's address updated and effectively reinstate this process. The result: we'll save valuable resources and give our trees a rest.

Have you seen the new "Marketplace"?

Perhaps you are looking for a space to rent for your practice, or a Wellness Center in need of a practitioner? Please visit the new "Marketplace" area on our website. If you have a listing to post, scroll over "Our Learning Community"; scroll over "Alumni"; scroll over and click on "Marketplace." It is a self-service offering for internal as well as external listings. Companies

and wellness centers frequently call us looking for a practitioner or space offerings. All listings remain on the website for one month. Check it out — there are some exciting opportunities waiting for you!

Share your ideas and articles.

We are looking for articles written by our graduates. If you have a piece you would like to submit for publication, please email them to me at alumni@tai.edu.

Sandy River (ACU'95) suggests a column such as "This I Believe" on National Public Radio. Perhaps include a "This I Believe" essay from one of our alumni in every issue? Anyone interested in developing this conversation?

All change takes time; and remember, as we move forward together in developing this position of "alumni coordinator," your needs are at the heart of all that we do! Happy springtime to all!

— Pamela Hartke



Jenny Cook (left) and Pamela Hartke (right) perform a completion review with Natasha Baihly

SPOTLIGHT

Geo in Full Bloom

Geo Derick (HRB'02) has found a way of presenting herself to the world while remaining true to her herbal roots as a graduate of the Herbal Medicine Program.



Geo Derick's life is full and blooming

Geo's earth element is ever-present in her feature/cover article, "Trend Watch '08," in the January/February 2008 issue of *Sales and Marketing Ideas*, the trade magazine of the National Home Builders Association. The article showcases Geo's favorite earth-based design elements. It is all about bringing the out-of-doors inside to create a warm, calming, and — increasingly important — sustainable environment. Geo is known for creating warm and earthy environments, and shared that talent as she presented her design style at the International Builders Show in Orlando, FL, in February. Geo also serves as judge for the National Senior

Housing Awards, as well as Best in American Living Awards for Architecture, and Community Land Planning and Interior Design Awards. If you would like to view Geo's designs, please visit the magazine's website at www.smimagazine.com.



Geo is thriving as a practitioner at the Tai Sophia Institute Faculty Clinic, and recently joined **Sherrie Black (ACU'02)**, **Linnea Varner (ACU'02)**, **Megan Gordon-Hall (ACU'02)**, and **Margie Brosi (ACU'02)** at East-West Healing Arts in Crownsville, MD.

She has presented for Tai Sophia Institute on numerous occasions as well as at conferences on her own. Her life is full and blooming!

ALUMNI NEWS

Fullfilling our mission

Of the 37 new students in the January '08 Master of Acupuncture program, 20 of those students were referred by our graduates. Your continued partnership allows all of us to remain as a healing presence in the world. Thank you! A deep bow of respect and acknowledgement to:

Kirsten Allen (ACU'98)	Robin Johnsen (ACU'85)
Rhonda Armero (ACU'97)	Rosalie Lambeth (ACU'99)
Betsy Baker (ACU'83)	Dave Lundgren (ACU'99)
Bob Brown (ACU'79)	Virginia Mitchell (ACU'92)
Ashley Clark (ACU'03)	Lil Morgan (ACU'00)
Shannon Considine (ACU'00)	Joe Panella (ACU'02)
Susan Cromwell (ACU'01)	Michael Phillips (ACU'85)
Lori DeChar (ACU'83)	Mary Rieger (ACU'94)
Antoinette Fiumos (ACU'93)	Shep Saltzman (ACU'95)
Alison Hartman (ACU'84)	Lynn Schwartz (ACU'91)
Zanti Jabs (ACU'93)	Randi Sobel (ACU'96)
Roberta Jacobs (ACU'95)	Ed Sweeney (ACU'00)

Of the 38 new January 08 Applied Healing Arts students, 8 were referred by the following alumni:

Amy Brush (HRB'03)
Barbara Catlin (ACU'95)
Celia Calon (ACU'88)
Bob Duggan (ACU'72)
Zanti Jabs (ACU'93)
Jeremy Riesenfeld (ACU'03)
William Smith (ACU'74)
Lydia Wainwright (ACU'00)

REUNION POINT

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Visit our website: www.tai.edu



Printed on recycled paper, supporting Tai Sophia Institute's commitment to bring about a healing relationship among people, the earth, and all life.

Lectures and Workshops

In the fall 2007, **Barry Fudim (ACU'97)** and **Amy Wheeler (ACU'97)** participated on a complementary therapies panel as part of the "Chronic Care Summit" at the Northeastern Vermont Regional Hospital (NVRH) in St. Johnsbury, VT. The Summit was presented by NVRH, the Northeastern Vermont Area Health Education Center, and Northern Counties Health Care, Inc. Approximately 70 healthcare providers took part in the event, including physicians, physical therapists, social workers and other providers of complementary healthcare.

Cara Michele Nether (ACU'02) and **Stacey MacFarlane (ACU'98)** hosted an open house at their Heart's Gate Wellness Center in Towson, MD, in November 2007. Cara Michele hosted a table at the Annual Women's Expo held at the Community College of Baltimore County, Catonsville Campus, March 8 & 9, 2008.

Regina Walsh (ACU'92), board member of the AOM Alliance since 2002, participated in the unification of the Alliance and the AAOM. She completed her board service to the AAAOM in October 2007. As a member of the Alliance/AAAOM, she serves on the ACAOM doctoral task force. She continues to serve on the AAAOM legislative committee and the NCCAOM state legislation task force. As a resident of Connecticut, she is working toward amending the state's laws. Regina is currently practicing acupuncture full time in Bedford, New York.

Elizabeth Bartlett (HRB'03) offered a five-week "Detox and Renewal Seminar Series" in New Market, MD, last fall. The intent of the series was "...to increase knowledge of wholesome nutrition and to learn other lifestyle tools to increase health and wellbeing." The program was so popular that Liz had to add a Tuesday group in order to accommodate all requests. Liz opened her practice space to all on Friday, January 11, 2008, as she and her fellow practitioners staged a lovely open house at Linganore Counseling and Wellness in New Market. For future offerings and to read more about Liz's practice, please visit her website at www.joyofherbs.net.

Bob Duggan (ACU'72) presented "Redefining Health" at the Integrative Healthcare Symposium in New York, NY, January 17, 2008. Bob also spoke at the Recreate Wellness and Redefine Health Symposium on Capitol Hill, presented on February 1, 2008, by the American Association of Naturopathic Physicians in partnership with Tai Sophia Institute. This symposium was described as "the first in a series of planned events in an ongoing dialogue to explore options for engineering change to ensure a healthcare future for our children." Stay tuned for future offerings.

Amy Brush (HRB'03), quality control and compounding coordinator of Tai Sophia's Herb Room; assistant manager **Porche Klemm (HRB'03)**; and Melissa Di Rito, manager of the Herb Room and the herbal garden (a graduate of the Auyurvedic Institute in New Mexico), are joining in teaching "Foundations of Herbal Preparations" and "Self-Care Herbal Preparations" this spring for Community Programs. See the Pulse for details and future offerings.

Jack Daniel (ACU'72) offered "The Tongue Diagnosis Workshop" on February 18, 2008, and will present "The Advanced Pulse Diagnosis Training Program" on May 18 and June 1, 2008. Please visit Jack's website for details at www.thewholecircle.com.

Jillian Borchard (HRB'02) presented "Herbs as a Safe Adjunct to Pharmaceutical Medicine" on Monday, February 25, 2008, at Still Point Wellness Center, Takoma Park, MD. Please visit the Center's website at www.stillpointmindandbody.com.

Karen Johnson (ACU'94) RN, offered "Now that you are on your own..." a day of hands-on, interactive skill development designed for graduates in their first several years of independent practice. The day was devoted to 1) interview techniques, 2) discerning CF and "withins," 3) pulse reading, 4) treatment planning, 5) point location, 6) needling, and 7) time management. The class was held on Saturday, March 1 at Karen's home office in Columbia, MD. For more information, please call 410-381-3495 or email kjohnson101@verizon.net.

Amy Brush (HRB'03) and **Lily Mazzarella (HRB'03)** are offering an eco-relaxation retreat to Tulum, Mexico, March 29 to April 3, 2008. Join them to experience daily yoga, exploration, relaxation, sun and warm waters. Please feel free to email them for further information at tulumretreat@yahoo.com.

Lynn Gardner (AHA'02) is offering "Radical Sabbatical Galapagos," June 14-24, 2008. Come "restore, explore, and live authentically" on a trip to the Galapagos Islands and the Ecuador Andes. Please visit Lynn's website for further information: www.radicalsabbatical.net.

Jen Coleman (ACU'00) has been offering her version of "Acupuncture Happy Hour" at Evergreen Cove Holistic Learning Center in Easton, MD. Each month, she holds a group session and offers participants five needles in each ear, guided meditation, soothing music, and incense.

Passages

Please join me in offering condolences and homage to: **Sherry Smith (ACU'87)** on the passing of her mom, Marcella Ann Masley on November 21, 2007, and to **Regina Walsh (ACU'92)** on the passing of her mom, Anne Walsh, on October 24, 2007 – Coincidentally (or not), October 24 was AOM Day.

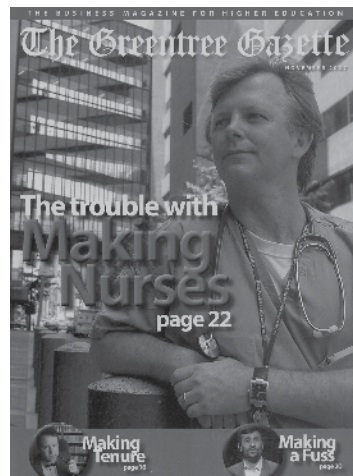
ALUMNI NEWS

Published

William Wadsworth (ACU'84) has published his first book entitled *Twelve Elements – Cosmographical Roots of Traditional Chinese Medicine*. His book is available for purchase at the Meeting Point Bookstore. Please call 410-888-9048 ext. 6632. Should you like to learn more and perhaps read an excerpt, please visit www.xlibris.com, click on "Search," enter the book title, *Twelve Elements*, and click on "Enter." Congratulations to William on this accomplishment!

Pamela Gandy (ACU'95) was featured in Outlook Online, an on-line faculty and staff newspaper for The University of Maryland, August 14, 2007 issue. An article entitled "Summer Series Promotes Wellness" tells about a series of free lunchtime sessions offered at the University of Maryland's Center for Health and Wellbeing. The Center provided acupuncture and activities such as yoga and meditation to promote healthful living through incorporating the physical with the emotional, social, spiritual, and occupational dimensions of life. Pamela, who is a staff acupuncturist at the Center, offered auricular acupuncture to all who were interested.

Rebecca Snow (HRB'02) was featured in the January 29, 2008, *Washington Post* article, "New Respect Between East, West." The article, which uses herbals as a case study to illustrate the challenges and opportunities of integrative medicine, quotes Rebecca, who observes that the millions of people using herbs often have a limited understanding of their effects or interactions, is bringing an understanding of herbs and bridging worlds as she works with two internal medicine doctors in an integrative medical practice, Optimal Health Physicians, in Rockville, MD. Also mentioned in the article was **Colette McKie (ACU'97)**, who owns a hypnotherapy and acupuncture practice in Bowie.



Charles O'Donnell (ACU'98), registered psychiatric nurse, Thomas Jefferson University Hospital, Philadelphia, PA, was pictured on the cover of *The Greentree Gazette*, a business magazine for higher education, November 2007 issue.

Lisa Marie Price (ACU'98) was featured in the *Washington Post Magazine*, November 18, 2007, in an article headlined "Acupuncture changed Lisa Marie Price's life. Now she's helping to change acupuncture." The article explains Lisa Marie's shift toward a "community acupuncture" model.

Noreen Javornik (ACU'94), co-director of the Animal Acupuncture program at Tai Sophia, was featured in an article in *The Examiner* weekend edition, February 2 & 3, 2008. **Teal Beatty (ACU'99)** was also featured in that article, "Acupuncture for Animals Gains Some Momentum." Teal has enrolled in the March 2008 class after experiencing animal acupuncture firsthand when her dog's journey with cancer allowed her to witness the rewards of treatment.

Practices

Robyn Urbach (HRB'02) will begin practicing at Blue Heron Wellness in Silver Spring, MD, as of March 1, 2008. For more information and practitioner bios, please visit www.blueheronwellness.com.

David Paton (ACU'90) will be opening his door once again to practice at Current Acupuncture, 611 Frederick Road, Catonsville, MD, along with **Ashley Clark (ACU'03)**, **Ludwig Kragler (ACU'03)**, and **Timothy Weed (ACU'03)**.

Erratum

Correction of typo in the fall issue: **Melora Scanlon** was listed as ACU'98 when Melora is actually ACU'88. Thank you, Melora, for bringing this to our attention.

Faculty News

James Snow, director of the Herbal Medicine program, shares the following update: "Bevin Clare has been appointed as the new chair of the Herbal Division of the Herbal Medicine program. She has been a core faculty member of the program over the last two-plus years, and will bring great experience and enthusiasm to her new role. Bevin recently graduated from the University of London's prestigious Master of Science in Infectious Disease program."

Tai Sophia Institute's Herbal Medicine program hosted several workshops on our campus last October for participants in the American Herbalist Guild conference based at the Sheraton Hotel in Columbia, MD. Transportation was offered to those interested in taking the workshops and visiting Tai Sophia's Herb Room. The current level-3 students in the Herbal Medicine program allowed their work with clients to be observed by some of the most prominent herbalists in the field. On Saturday evening, **Bob Duggan (ACU'72)**, president and co-founder of Tai Sophia, delivered a keynote speech at the conference. The audience resonated with his wish that the healing modalities come together and work as one, and gave him a standing ovation. The conference ended on Sunday evening with an open house at Tai Sophia Institute.

Jeff Millison (ACU'89), program director, Master of Acupuncture program, has announced the appointment of **David Paton (ACU'90)** as chair of the program's Theory Division. "David has been on faculty at Tai Sophia since 1994, and has taught numerous courses in the Acupuncture program," Jeff says. "He served as Chi site supervisor at Bon Secours New Hope Center from 1994-96, and as a primary supervisor in the faculty-student clinic from 1995 to 1999 and from 2001 to 2006, when he assumed the role of full-time dean of students. In addition to David's clinical practice, he has worked locally and nationally on regulatory and licensing issues in the acupuncture profession. In 2001 he was appointed by then-Governor Glendening to the Maryland Acupuncture Board, and was elected chairman of the Board in 2004, serving in that capacity until January 2008. In 2002, he became the Maryland Acupuncture Board representative to FAOMRA (Federation of Acupuncture & Oriental Medicine



David Paton is named new chair of Acupuncture program's Theory Division

Regulatory Agencies) and became president of the organization in spring 2004. He also served as the FAOMRA representative on the ACAOM doctoral task force from 2004-2005."

David will remain as dean of students for the remainder of the trimester, and may need to continue as dean until a replacement has been trained. We wish David much success in his new role at the Institute and in his new practice!

INSTITUTE NEWS

A Call for Mentorship!

Greetings and Happy New Year from all of us in the Office of Admissions! I hope these words find you well and thriving.

I am rendezvousing with you here at *Reunion Point* to request your help with Tai Sophia degree program open houses. We know from the open house feedback that our visitors love to meet and hear from you. Your presence at open houses helps prospective students imagine using this education as graduates and to take the exciting step of applying. Will you volunteer at one of our open houses to share your learning experience and where that learning has taken you?



Tai Sophia's Graduate Admissions Team (clockwise from top left) Julie Butler, Carol Schroeder, Jen Violi, Melodie Jackson (Director of Financial Aid), and Sara Comeau (Director of Graduate Admissions)

Our next two open houses will be happening Saturday, March 15, 2008, from 9:30 a.m. to 12:30 p.m. and Tuesday, April 15, 2008, from 6:30 p.m. to 9:00 p.m. We will be holding several more open houses this summer and fall. During these events, we usually have a panel of alumni presenters from all three degree programs, each speaking for three or four minutes. Beyond this speaking, alumni responsibilities include mingling with visitors and fielding questions one-on-one and in a group setting.

If you are available to be of service for either of the March or April dates or for future open houses, I would love to hear from you! Contact me at either jvioli@tai.edu or 800-735-2968, ext. 6687. Please include in your message: your name, best way to contact you, what program and class you were in, if there's a specific date (see above) you're available. I'd also love to know what you're doing now and if you have any questions.

Thanks so much to those of you who have already attended open houses, and thank you in advance for your partnership in helping us to welcome and support future learners. When you volunteer to do an open house, you not only do a great service for Tai Sophia and our visitors, but you also get a free continental breakfast. And I say that nothing gives satisfaction like a good dose of bagels and benevolence.

Peace and many blessings to you!

—Jen Violi, Graduate Admissions Counselor

Upcoming Degree Program Open Houses

Saturday, March 15, 9:30 a.m. – 12:30 p.m.
Tuesday, April 15, 6:30 p.m. – 9:00 p.m.
Saturday, May 10, 9:30 a.m. – 12:30 p.m.
Saturday, June 28, 9:30 a.m. – 12:30 p.m.

CAMPUS RESOURCES

Herb Room News

The most up-to-date extract and resale product listing can be found on the Tai Sophia Herbal Medicine Alumni Yahoo group. If you are not currently a member, please think about joining. Directions are posted on the Tai Sophia webpage at www.tai.edu. Scroll over "Our Learning Community," scroll over "Alumni," scroll down to and click on "Resources." Scroll down the page to the Yahoo groups. Click on the appropriate site. When asking permission to join, please be sure to give your full name and class year.

Now in stock: holy basil tincture with a 1:3 extract of dried leaves; Vitamin D-3 sourced from whole foods by Innate. We also are offering a line of tulsi teas from the Organic India Company in rose, lemon ginger, chai, green, and original.

Please note the new hours for the Herb Room:

Monday–Friday: 9:00 a.m.–5:30 p.m.

Note that the Herb Room is now open during the lunchtime hours of 12:00 noon–1:00 p.m. each day.

—Amy Brush

Meeting Point News

We have added a great tuna salad and chicken salad from the Moonlight Café. They have very little mayo and are dee-lish. We remind you of our turkey, roast beef, and chicken wraps, which we requested be delivered dry so they would not get squishy. We have purchased individual Hellman's mayo and Grey Poupon mustard packets for you. You can find these packets in the fridge. The wraps have been a hit... We will shortly be naming the roast beef wrap "The DIANNE" because of Dr. Connelly's attachment to this tasty sandwich!

New from "Asian Express": A spicy shrimp salad, a container of edamame (soybeans) for snacking, and a sesame noodle salad.

We just found organic peanut butter in individual foil pouches... great on bagels or added to food you bring from home. We have been adding new, inventive beverages as we find them (and can get them from our wholesaler). I saw some really great Indian entrees from Kohinoor at the Natural Expo. To try them, we've ordered 12 varieties directly from the producer... watch for them!

Thanks so much for your continued support and courtesy, if you haven't stopped in a while, come on by!

—David McKaig

We recommend

If you are making a trip to the campus, please call ahead for hours of these campus resources.

800-735-2968

Herb Room ext. 6676
Bookstore ext. 6632
Library ext. 6644

Library News

This year we will see the Tai Sophia library moving into a new phase as we acknowledge Ginny Rodes' resignation as library director. Ginny oversaw the development of the library from an informal collection of books at the American City Building to our current research facility at our recently accredited school, a resource that includes reference materials on wellness, acupuncture, herbal healing, pharmacognosy, oriental medicine, mind-body medicine, and much more. The catalog is viewable on the Institute website.

Stuart Rodes is managing the operations during the search for a new reference librarian. The library remains fully functioning with the assistance of student volunteers and three part-time paid staff. Be sure to check out the ever-expanding additions to the collection, which are listed monthly by email and on our bulletin board outside the library door.

Barbara Ellrich, Tai Sophia's chief executive officer and a student in the Applied Healing Arts program, arranged a panel to discuss the Health Freedom movement on February 24, 2008. Members of the panel included Alan Dumoff, JD, specializing in integrative and alternative medicine; Karen Howard, executive director of the American Association of Naturopathic Physicians; Maryland State Delegate Elizabeth Bobo; Diane Miller, legal and public policy director of the National Health Freedom Coalition and its sister organization, National Health Freedom Action; and David Matteson, director of Early-Edge Direction, a consultancy for the health and wellness industry. A CD of the evening's discussion is available for circulation. If you did not attend the evening's discussion, check it out at the library!

Library hours are:

Monday	11:00 a.m. – 5:00 p.m.
Tuesday	11:00 a.m. – 8:00 p.m.
Wednesday	11:00 a.m. – 5:00 p.m.
Thursday	11:00 a.m. – 8:00 p.m.
Friday	11:00 a.m. – 5:00 p.m.
Saturday and Sunday	closed.

—Stuart Rodes



PROFESSIONAL PROGRAMS

All instructor bios are listed online at www.tai.edu. Please visit our website at www.tai.edu to learn more about these programs and the Tai Sophia Institute.

To register for any of our programs please call 410-888-9048, ext. 6611.

**Mark your calendars
for the next
Redefining Health weekend seminar**
June 7 and 8, 2008
CEUs: 12
Nursing Contact
Hours: 12.5

Feng Shui Bliss

Saturday, April 12, 10:00 a.m. – 3:00 p.m.

Feng Shui gathers and pools Qi, balancing the elements and creating greater harmony, grace and support for each person and his/her living environments. Just as seasons move through the elements, so do the cycles of your birth, hour, day, month, and year provide insight into your personal template of Qi. This valuable information helps translate many aspects of the richness of your soul's evolving purpose and your personal relationship to the five elements. Led by renowned Feng Shui expert Hope Karan Gerecht, this in-depth workshop will provide you with an understanding of your unique template of Qi, and show you ways to apply this personal information to your living and working environments.

Registration deadline is April 7. Participants will receive a detailed, personalized Feng Shui chart. When you enroll in this course, please provide your birth date, birth time and location.

Fee: \$135 CEUs: 4

Instructor: Hope Karan Gerecht

Spirit of Imagination, the Soul of Healing

Saturday, April 19, 9:30 a.m. – 5:00 p.m.

Michael Meade is a renowned storyteller, author, scholar of mythology, and student of ritual in traditional cultures. In this experiential workshop, students will examine their stories written on the walls of the soul with the intention of being lived out as a great experiment in life, and as a willingness to die again and again in order to grow. Each story involves blessings, gifts, and wounds — indelible marks that reveal where the individual soul and spirit insist on being known consciously. We will examine the life lived so far and the obstacles encountered. We seek to separate what is vital and creative from the stories of the past and mark places where the "deep self" tries to awaken us further.

Fee: \$95.00 CEUs: 7

Instructor: Michael Meade

Medical Reiki:

Preparing Ourselves, Preparing our Students

Saturday, April 26, 10:00 a.m. – 5:00 p.m.

Integrating Reiki into conventional healthcare settings requires skillful communication, knowledge of medical culture, familiarity with Reiki research, and impeccable professionalism. This workshop will address these challenges and focus particularly on communicating Reiki to the public and to medical professionals. Participants will develop their own introductory statement of Reiki practice.

Reiki master Pamela Miles is internationally known for her pioneering work bringing Reiki into conventional medicine. Practicing since 1986, she is the author of REIKI: A Comprehensive Guide. Ms. Miles has created Reiki programs in prominent New York City hospitals, taught Reiki at medical schools, and published Reiki articles in peer-reviewed medical journals and popular magazines.

Fee: \$95.00 CEUs: 6

Instructor: Pamela Miles

Coming this fall — Apply Now!

Chinese Herb Certification Program

Expand your knowledge. Expand your healing

Tai Sophia is pleased to announce the next offering of our Chinese Herb Certification Program. Graduates of both the Acupuncture and Herbal Medicine* programs are eligible to apply.

The 30-month course provides you with a solid grounding in TCM theory as it relates to herbal formulas and treatment strategies, and includes over 200 hours of clinical training with experienced practitioners. Completing the 660-hour ACAOM accredited program grants you eligibility to sit for the NCCAOM herbal examination.

Classes begin in September 2008 and are offered in an executive weekend format. We invite you to learn more by calling 410-888-9048, ext. 6647, email admissions@tai.edu or download a brochure on our website at www.tai.edu. You can also join us at one of our open houses to find out further information:

Upcoming Chinese herb open house dates

Friday, March 26, 6:00 p.m. – 7:30 p.m.

Friday, May 30, 6:00 p.m. – 7:30 p.m.

*Herbal graduates sit through the didactic portion only and may not participate in the clinical section of the program; tuition will be prorated.

HERBAL EVENTS

Planting our Future: United Plant Savers Conference comes to Tai Sophia Institute on May 17

Herbalists and plant lovers to unite on May 17 for a full day of fun and inspiration!



Join renowned herbalists, including Mary Bove, N.D., Deb Soule, Kate Gilday, Kathleen Maier, and many more for a day-long conference about medicinal plants, herbal medicine, and the preservation of the plants we love and use. One of the wonderful things about living in the Mid-Atlantic is that we are home to native populations of some of the most treasured medicinal plants, including American ginseng, black cohosh, wild yam, and goldenseal. As

herbal medicine grows in popularity, it is essential that we protect these wild and native treasures.

As graduates of any of Tai Sophia's programs, you (or your clients) may use herbs. Do you consider where many of the medicinal plants you use are coming from? Many medicinal plants have long been eradicated from the wild and are now cultivated. However, in the United States, we are lucky to still have thriving wild populations of many medicinal plants, while many others are threatened or at risk. Some medicinal plants have yet to be widely cultivated and are sourced entirely from the wild. The United Plant Savers work to increase awareness about these wild-plant populations and the industry

sourcing which may affect them, creating change in the herbal medicine industry. As practitioners, these are important issues to ensure that our clients' medicines are the best quality in every way.

United Plant Savers holds two "Planting the Future" conferences each year. In 2008, Tai Sophia will be sponsoring the east coast gathering. We hope to make it a successful and wonderful event, bringing together the herbal medicine, acupuncture, Chinese herbal, and plant-loving communities.

Please plan to join us on May 17 and bring along a friend or family member for the fun, inspiration, and learning. Class topics include "The Use of Threatened Medicinal Herbs in Midwifery," "Gardening with Native Medicinal Plants," "Urban Remediation," "Herbal Cordials," "Forest Vibrations: Calling On and Listening To the Trees for Healing," Herb Walks . . . and more! Please visit their website at www.unitedplantsavers.org for further information and a full list of presenters.

— Bevin Clare

Other Herbal Events

The Southwest Conference on Botanical Medicine will take place in Tempe, Arizona, April 5 & 6, 2008.

The GAIA Conference, "Medicines from the Earth," will be held at Black Mountain, North Carolina, May 31 – June 2, 2008.

Please visit their website at www.botanicalmedicine.org for information and registration.



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