



Tai Sophia Institute News & Events

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October 2010 edition

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“Live Nourished” Conference to Kick Off Holistic Nutrition Program Design

Tai Sophia Institute is preparing to develop an innovative and unique *master's degree in Holistic Nutrition* that will focus on the physical, medicinal, therapeutic, spiritual, emotional, and social qualities of food. The program is expected to launch in September 2011.*

To kick off the design of the proposed curriculum, Tai Sophia is hosting *Live Nourished: Food's Vital Roles in Health and Wellness* on *November 6, 2010*. The conference will feature national thought leaders in the food-as-wellness movement including Annemarie Colbin, Charles Eisenstein, Sally Fallon Morrell, Paul Pitchford, and Kathie Swift.

Conference details and registration information will be coming soon. Watch your inbox the week of October 4.

*Pending approval by the Maryland Higher Education Commission (MHEC).

Health Starts at Home

Tai Sophia's Fall Herb Show

Join us on Saturday, October 23 from 4:00 - 5:30 p.m. for our first ever fall herb show – Health Starts at Home. The show will feature interactive exhibits of herbal preparations and foods for personal and family care and will be hosted by [Herbal Studies](#) graduate students and faculty.

Themed exhibits will include:

- Supporting Our Elders
- Herbs of the Sea
- Supporting Brain Health
- A Day at the Spa
- Autumn Health
- Fruits and Flowers
- Mama Care
- Easing the Aging Process

[Tai Sophia's Fall Herb Show](#)

Saturday, October 23

4:00 p.m. - 5:30 p.m.

Tai Sophia's 9-month [Herbal Studies](#) Graduate Certificate program combines modern, scientific knowledge with traditional herbal wisdom, using the cycles of nature to guide the integration of herbs into daily life. [Learn more.](#) Now enrolling for April 2011.





"Be the Change" Open House and Workshop

Featuring the Transformative Leadership Programs

Join Tai Sophia's faculty and staff for a special evening event featuring:

- the 9-month [Transformative Leadership](#) graduate certificate program, and
- the [Transformative Leadership and Social Change](#) master's degree program

The evening will include a *Transformative Practices mini-workshop* as well as the opportunity to speak with alumni, current students, and admissions and financial aid counselors. [View the complete agenda.](#)

WHEN: Thursday, October 28
6:00 p.m. - 8:00 p.m.

To RSVP, for more information, or to schedule a one-on-one visit, please contact the Office of Graduate Admissions at 410-888-9048 ext.6647 or admissions@tai.edu.



All-Programs Graduate School Open House

Attend Tai Sophia's Open House on [Saturday, October 16](#) and explore all of Tai Sophia's graduate programs:

Master's Degree Programs

[Acupuncture](#)
[Herbal Medicine](#)
[Transformative Leadership and Social Change](#)

Graduate Certificate Programs

[Chinese Herbs](#)
[Health Coaching](#)
[Herbal Studies](#)
[Medical Herbalism](#)
[Transformative Leadership](#)
[Wellness Coaching](#)

WHEN: October 16
9:30 a.m. - 12:30 p.m.
Please plan to attend the entire event.

To RSVP, for more information, or to schedule a one-on-one visit, please contact the Office of Graduate Admissions at 410-888-9048 ext.6647 or admissions@tai.edu.

NOW ENROLLING for January, April, and September 2011.

Announcing the Sherman L. Cohn Library

On September 30, Tai Sophia's library was dedicated and named the Sherman L. Cohn Library in honor of longtime friend, supporter, generous benefactor, Georgetown University law professor, and Tai Sophia's Chairman of the Board of Trustees Sherman L. Cohn, J.D.

Current and former staff, students, alumni, friends, and family joined Tai Sophia Co-founders Dianne Connelly and Bob Duggan, Barbara Ellrich, President and CEO Frank Vitale, Provost Judi Broida, Library Director Jenifer Kirin, and Library Manager Stuart Rodes in paying tribute to Sherman.

The Sherman Cohn Library is not only an exceptional



Event speakers pose with Sherman Cohn at the

wellness and healing arts and sciences resource for students, faculty, staff, and alumni, it's also open the public. In the words of acupuncture alumna Diane Juray:

“...the library was one of the main reasons for my choosing Tai Sophia It is by far the best acupuncture library on the East Coast and maybe ... in the country. It is a great resource to the alternative medicine community and the residents of Howard County and all of Maryland.”

All agreed that it is a fitting tribute to name this extraordinary place of education, research, study, and continued enlightenment after a man who insisted on it.

The Tai Sophia Library is pleased to present [recent additions to our collection](#) and our hours for October.

Regular Hours: Monday - Friday from 8:00 a.m. – 7:00 p.m.
 Saturday Hours: October 9, 16, and 23 from 10:00 a.m. – 2:00 p.m.
 Limited Hours: On October 1, 8, 14, and 15 the library will be open from 8:00 a.m. – 5:00 p.m.

For more library news and information, visit the [Library's Web page](#), call 410-888-9048 ext. 6644, or become a fan of the Sherman Cohn Library on [Facebook](#).

threshold of the recently dedicated Sherman L. Cohn Library on the main campus of Tai Sophia Institute.



Tai Sophia Provost Judy Broida delivers the dedication to Sherman Cohn.

In Memoriam of Rustum Roy



Rustum Roy
 July 3, 1924 – August 26, 2010

Rustum Roy, a longtime friend of Tai Sophia Institute and member of Tai Sophia Institute's Board of Trustees and Board of Overseers, died at his home on August 26 at the age of 86.

A memorial service honoring Rustum is scheduled for Monday, October 4, at noon in the Pasquerilla Spiritual Center on the Penn State University Campus. Memorial contributions to continue the work and research of Rustum Roy may be made to Friends of Health, 528 S. Pugh Street, State College, PA 16801.

For more information, please visit the PSU Web page or call the university.

Read more about Rustum in a brief essay authored by Tai Sophia Co-founder Bob Duggan [here](#).

Quality is #1 at Tai Sophia's Herbal Dispensary

In the continuing process of upgrading quality control procedures, Tai Sophia Herbal Dispensary interns attended special skills training sessions in sensory perception (*organoleptics*) at the McCormick Science Institute and in microscopic analysis at Delaware State University this spring and summer.

During the Delaware State visit, interns toured the school's Claude E. Phillips Herbarium with Herbarium Director Dr. Arthur Tucker and received microscopy training in Dr. Tucker's laboratory, where they learned to distinguish the correct medicinal species of lavender, oregano, and cinnamon from related species using microscopic features. Additional in-house skills training sessions are being conducted during the fall trimester.

In late September, Dr. Tucker travelled to Tai Sophia to



Visiting the Delaware State herbarium are (from left) Dr. Andrew Pengelly, Ewa Kwasnick (Compounding Assistant), student interns Anne Harvey, Leslie Straus, Bryan Bowen, and Jane Morse, and Dr. Arthur Tucker.

discuss further collaborations. His visit was hosted by [Tai Sophia Herbal Dispensary](#) Director Dr. Andrew Pengelly and included meetings with academic program heads, a tour, and a luncheon in the [Tai Sophia Herb Garden](#) with dispensary interns, Herbal Medicine faculty, and special guest Dr. Jim Duke.

Continuing Professional Education at Tai Sophia

Taught by subject-matter experts, the following continuing professional education classes and seminars are being offered at Tai Sophia's Laurel campus:

[Treating Chronic and Recalcitrant Diseases with Chinese Herbs: The Sichuan Fire-School and the Vital Concept of Supporting the Yang](#)

October 8-10, 2010

CEUs: 14

Instructor: Heiner Fruehauf, Ph.D., L.Ac.

Open only to graduates of ACAOM-accredited Chinese herbal programs.

[Building, Managing, and Marketing Your Practice](#)

November 13 - 14, 2010

CEUs: 12

Instructors: Robert Notter, B.S., CHHC, AADP, and Rose Payne, CHHC, AADP

[Zero Balancing: Core Zero Balancing I](#)

November 11 - 14, 2010

CEUs: 25

Instructor: Fritz Smith, M.D., D.O., M.Ac.(UK)

[Emotional and Spiritual Healing in Chinese Medicine: Virtue Healing by Restoring Human Nature](#)

November 20 - 21, 2010

CEUs: 9

Instructor: Liu Lihong, M.D., Ph.D.

Translator: Heiner Fruehauf, Ph.D., L.Ac.

For complete course descriptions and to register, click on course titles. For more information, please call 410-888-9048 ext. 6642.

Redefining Health Offered October 9-10

Don't Miss Tai Sophia's Most Popular Program

Redefining Health Weekend

A Signature Program

Saturday, October 9, 2010

9:00 a.m. - 5:00 p.m.

Sunday, October 10, 2010

9:30 a.m. - 4:30 p.m.

[Register Now](#)

Fee: \$165

CEUs: 12

Instructors: [Dianne M. Connelly](#), Ph.D., M.Ac.(UK) and

[Robert M. Duggan](#), M.A., M.Ac.(UK)



Join Tai Sophia Co-founders Dianne Connelly and Bob Duggan for Tai Sophia's ground-breaking signature program on October 9-10. Based on ancient wisdom and anchored in the modern world, [Redefining Health](#) will empower you with more than 20 practical skills you can use immediately to redefine upset, fear, relationships, and ultimately your health and your life. [Register online now](#). For more information, call Community Programs at 410-888-9048 ext. 6611.

FREE Herbal and Nutritional Wisdom

Mondays This Fall

Join us Mondays this fall for FREE lunchtime lectures featuring nutritional and herbal information to support your health and wellness. Featured speakers include Herbal Medicine core faculty and third-year, clinic-level Herbal Medicine students. Reserve your seat today.

[10 Steps to Wellness for All Ages](#)

Monday, October 11

[Healing in Your Kitchen](#)

Monday, November 1

12:00 p.m. - 1:00 p.m.

[Using Herbs and Foods to Support Detoxification](#)

Monday, October 25
12:00 p.m. - 1:00 p.m.

12:00 p.m. - 1:00 p.m.

[Relax and Renew: Herbs That Support and Calm the Nervous System](#)

Monday, December 6
12:00 p.m. - 1:00 p.m.

Click titles for detailed descriptions and [to reserve your seat](#), or call 410-888-9048 ext. 6616.

Tai Sophia Launches Office of Personal and Professional Development

Tai Sophia is pleased to announce the establishment of the *Office of Personal and Professional Development*. This office will support and assist recent graduates of all programs as they transition from their academic learning at Tai Sophia to the creation of private practices and their roles as practitioners, leaders, and change agents.

The new office, headed by Tai Sophia alumnus, faculty member, and Natural Care Center practitioner Michael Phillips, M.Ac., will provide programs, support groups, educational offerings, peer coaching, formal learning opportunities, and expert speakers as well as respond to other alumni needs as appropriate.

As its first offering, an Alumni Mentoring and Support Group begins on Monday, October 25. For more information or to register to participate in the support group, please contact Director of Alumni Affairs Pat DeLorenzo at pdelorenzo@tai.edu or 410-888-9048, ext. 6642.

The Natural Care Center

[Schedule a FREE Consultation](#)

Celebrating 35 years of serving the community, the Natural Care Center offers [acupuncture](#), [Asian bodywork therapy](#), [craniosacral therapy](#), [herbal medicine consultations](#), [massage therapy](#), [nutrition counseling](#), and [process acupuncture](#).

To schedule an appointment, please call the Natural Care Center at 410-888-9048 ext. 6614. To learn more about our services and practitioners visit the [Natural Care Center](#) online or schedule a [FREE 15-minute consultation](#).

Sustainable Botanical Skin and Hair Care at the Meeting Point

The Meeting Point bookstore is now carrying the rainforest line of Alba® Botanica wellness products. Alba's skin and hair products are created to help renew, repair, and revitalize skin and hair with moisturizing, emollient-rich oils derived from some of the world's most beneficial fruits and nuts. Alba has blended these potent antioxidant-rich oils to help protect against damaging free radicals and premature aging.

[View store hours and shop online.](#)

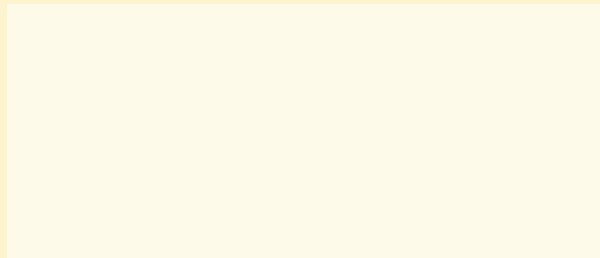


Spectacular Aerial Photography at the Himmelfarb Gallery

"Above the Changing Landscape," a collection of aerial photography by Baltimore, Maryland photographer Peter Stern, is now showing at Tai Sophia's [Himmelfarb Art Gallery](#).

["Above the Changing Landscape"](#)

Aerial Photographs by Peter Stern
Showing from September 2 - November 26



Monday-Thursday: 8:00 a.m. - 7:00 p.m.
 Friday: 8:00 a.m. - 5:00 p.m.
 Saturday: 8:00 a.m. - 4:00 p.m.

Artworks from the show are on sale through the Meeting Point bookstore, which is adjacent to the gallery. Visit the [Himmelfarb Gallery](#) online or call 410-888-9048.



"Autumn Pond"
 2009, Lehigh County, PA

Upcoming Off-Campus Events



Building Bridges of Integration for Traditional Chinese Medicine Transformation:
[Embracing True Body-Mind-Spirit Healing](#)
 October 14 - 17, 2010
 Chantilly, VA

Tai Sophia will host a special gathering for alumni and students on Saturday, Oct. 16 at 5:30 p.m. For more information, please contact Pat DeLorenzo, Director of Alumni Affairs, at ext. 6642.



[Green Festival - Washington, DC](#)
 October 23 - 24, 2010
 Washington, DC

Visit Tai Sophia at Booth 405 in the Green Careers/Education section.



[International Health Symposium](#)
 March 4-6, 2011
 New York, NY

Learn more about [event registration](#).

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