



**Tai Sophia  
Institute**

**For Immediate Release**  
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## **TAI SOPHIA INSTITUTE ANNOUNCES SPRING and SUMMER 2011 OPEN HOUSES**

April Herb Walk; May Nutrition Open House; and All Programs Open Houses in June & July

**March 8, 2011 (Laurel, MD)** – Tai Sophia Institute ([www.tai.edu](http://www.tai.edu)), a leading, accredited wellness-based educational institution, will hold a series of general and program-specific graduate school open house events this spring and summer:

- ***Herb Walk and Herbal Programs Information Session*** on April 28
- ***Nutrition Program Open House*** on May 19
- ***All Graduate Programs Open Houses*** on June 18 and July 30

The Middle States-accredited nonprofit institution offers the following master's-level graduate programs:

### Master's Degree Programs

Master of Acupuncture  
Master of Science in Herbal Medicine  
**NEW!** Master of Science in Nutrition and Integrative Health\*  
Master of Arts in Transformative Leadership and Social Change

### Graduate Certificate Programs

Chinese Herbs  
Health Coaching  
Herbal Studies  
Medical Herbalism  
Transformative Leadership  
Wellness Coaching

**To RSVP and for more information**, please contact the Office of Graduate Admissions at 410-888-9048 ext. 6647 or [admissions@tai.edu](mailto:admissions@tai.edu). All events are held at Tai Sophia's main campus in North Laurel at 7750 Montpelier Road (near the intersection of Rte. 29 and Johns Hopkins Road).

**Details of each event** are as follows:

**WHAT:**        **Faculty-Led Herb Walk & Herbal Programs Information Session**

**WHEN:**       **Thursday, April 28 from 2:00 p.m. - 5:00 p.m.**

Join Herbal Medicine Program Director James Snow, R.H.(AHG) for a walk through the Tai Sophia herb garden and grounds, where you will search for wild medicinal and edible herbs and discuss the medicinal uses of plants and the integration of herbs into daily life. Following the walk, Herbal Medicine faculty and admissions staff will provide information and answer questions about the Institute's new, 9-month **Herbal Studies** and **Medical Herbalism** programs and the **Master of Science in Herbal Medicine**. Please wear sturdy shoes and clothing appropriate to the day's weather.

(more)

Tai Sophia Institute • 7750 Montpelier Road • Laurel, MD 20723  
[www.tai.edu](http://www.tai.edu) • 410-888-9048



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## **Tai Sophia Institute Spring & Summer Open Houses**

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**WHAT:        Nutrition Program Open House**

**WHEN:        Thursday, May 19 from 6:00 p.m. – 8:00 p.m.**

Learn about Tai Sophia's new, upcoming *Master of Science in Nutrition and Integrative Health\** and how you can enroll in the September 2011 inaugural class. This distinctive program offers a unique approach to the study of nutrition – one that emphasizes the vital and inter-related physical, medicinal, psychological, social, cultural, and spiritual roles food plays in our lives. Class size is limited.

(\*pending Maryland Higher Education Commission approval)

**WHAT:        All Graduate Programs Open Houses**

**WHEN:        Saturday, June 18 and Saturday, July 30 from 9:30 a.m. - 12:30 p.m.**

Learn about all of Tai Sophia's master's degree and graduate certificate programs. Please plan to attend the entire event.

At each of these events, participants will have the opportunity to:

- Participate in panel discussions with faculty, students, and alumni;
- Tour the Institute's healing arts library, wellness clinic, and natural surroundings; and
- Meet the admissions team and learn about financing their education.

**To RSVP for the Open Houses or Herb Walk**, for more information about our graduate programs, or to schedule a visit, please call the Office of Admissions at **410-888-9048 ext. 6647** or e-mail [admissions@tai.edu](mailto:admissions@tai.edu).

### **ABOUT TAI SOPHIA INSTITUTE**

Tai Sophia Institute is a nonprofit, academic institution for wellness-based studies. The Institute is accredited by the Middle States Commission on Higher Education and offers graduate-level academic programs in Acupuncture, Health and Wellness Coaching, Herbal Medicine, Nutrition and Integrative Health, and Transformative Leadership and Social Change, as well as community wellness programs, continuing professional education, and clinical care. Tai Sophia's 12-acre main campus houses the Natural Care Center, the Meeting Point bookstore, a library, the Himmelfarb Art Gallery, and herb and meditation gardens – all of which are open to the public.

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