



**Tai Sophia  
Institute**

*A Graduate School for the Healing Arts*



**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*



*Tai Sophia is a new kind of institution for a new way of healing.  
It is seeding the future – in acupuncture, in herbal medicine,  
in applied healing arts, and in community service and wellness.  
It is opening new possibilities for us as individuals and as a nation.*

—Robert M. Duggan  
President  
Tai Sophia Institute

## *Embark upon a journey of discovery*

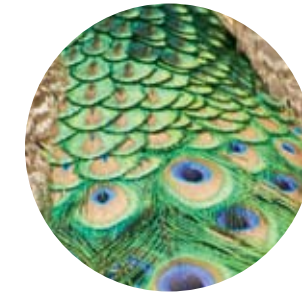
Respect for the natural cycles of life, timeless wisdom of ancient healing traditions, and modern science infuse Tai Sophia Institute's commitment to advancing the integration of healing and healthcare.

Distinct from other schools, Tai Sophia delivers academic excellence with a focus on the interconnection of mind, body, and spirit, an approach that summons transformative personal practice and the development of a healing presence.

We invite you to be a learner with us, and help create a world that honors our ancestors and serves our children's children.



Integrate



## health and healing

From a small healing arts clinic founded in 1975, Tai Sophia Institute has grown to become a preeminent academic institution for wellness-based education, clinical care, research, and public policy discourse. We're a national resource with a commanding vision to advance the integration of healing and healthcare.

Our name, *Tai Sophia*, represents the meeting point of the ancient healing traditions from the East and West; the Chinese word *Tai* means "great" and the Greek word *Sophia* means "wisdom." Together, the two words – *great wisdom* – serve as the foundation of our mission and the root of all of our programs and services.

Throughout the past three decades, Tai Sophia's elegant integration of Eastern and Western – *great wisdom* – has empowered and transformed countless individuals and communities. We have supported healers and leaders to reconnect with nature and its role in healing, to recover the commonsense wisdom of our ancestors, and to learn the art of caring for and serving one another in the course of life's journey.



Create



## a world of wellness

Tai Sophia Institute has taken the lead in addressing industry trends by creating partnerships with key institutions. We are committed to developing and demonstrating standards of excellence in relationship-centered care, professional training, community education, research, and public policy – reuniting the *science of medicine* and the *art of healing*.

In ways that could not have been imagined a few decades ago, the field of complementary medicine now commands more attention by both the consumer and the medical community. Our current trillion dollar healthcare system is undergoing a profound change towards a consumer-driven model based upon choice, results, affordability, and service. Integrating conventional and complementary modalities, this emerging era in healthcare emphasizes prevention, wellness, personal empowerment, and quality of life.

This shift presents an unprecedented demand for leaders and healers who are trained to provide quality care and education, and qualified to maintain standards of excellence and integrity. Through our unique academic programs and community wellness resources, Tai Sophia is preparing the next generation for this prominent role.

The creative cycle of nature symbolized by the leaf reflects new possibilities and beginnings. The water flows in ripples of change, the source in each of us, giving rise to new awareness, and the next generation.

—Dianne M. Connelly, Chancellor, Tai Sophia Institute

## Learn from timeless wisdom

### Academic Programs

Tai Sophia Institute's training programs draw people from around the world who are seeking a unique education based on the timeless wisdom of nature, ancient healing traditions, and modern science. Students in our graduate degree programs are engaged in a cohort learning community with distinguished faculty and renowned guest lecturers.

## Explore the abundant possibilities

### Continuing Education and Community Programs

For the general public, Tai Sophia Institute offers a wide array of classes, services, and resources as highlighted in our catalog, *The Pulse*. Through our free introductory classes, evening and weekend programs, we provide continuing education and community programs designed to enhance personal well-being and professional growth.



#### Master of Acupuncture

As the first accredited acupuncture program in the United States, our comprehensive curriculum combines rigorous classroom teaching with rich clinical experiences. Our graduates are excellent practitioners with the business knowledge to create successful practices, and the theoretical and philosophical foundation to treat each patient with skill, compassion, and care.

#### Master of Science in Herbal Medicine

Tai Sophia's graduate degree program in herbal medicine, the nation's first, is designed and delivered by an international faculty with the clinical and research background to redefine the practice of herbalism. Our graduates are leaders in the field with the scientific knowledge, the clinical skills, and the apothecary's craft to convert plants into safe, effective remedies.

#### Master of Arts in Applied Healing Arts

This leading edge degree program is designed for both established and developing healthcare professionals, business executives, and community leaders. Our graduates gain the knowledge and skills to create positive change in their personal lives, in the workplace, and in the larger world.

#### Clinical Services

Through our clinics in the Baltimore/Washington region, we offer more than 30 years of experience in delivering outstanding relationship-centered care in integrative medicine and healing arts. Additionally, our graduates practice in more than 40 states and abroad, providing care and education to thousands of people. For further information about our clinical services and locations, please call or visit our website, which includes a referral list of Tai Sophia Institute graduates.

#### Nature-Centered Campus

Situated midway between Washington, D.C. and Baltimore, Maryland, and adjacent to the woodlands and streams of the Patuxent Wildlife Refuge, Tai Sophia offers the best of both rural and urban settings. This location provides Tai Sophia's students access to thousands of acres of protected natural habitat, and to one of the greatest concentrations of health-related corporations, regulatory agencies, academic institutions, and research laboratories in the world.



*A journey of a thousand miles starts with a first step...*

—Lao Tzu

## *Let the journey begin*

The Tai Sophia community welcomes visitors, and encourages each and every one to explore the abundant opportunities for growth and renewal. We invite you to visit our campus, take a peaceful walk around the labyrinth, or experience a moment of stillness in our botanical and meditation gardens.

Join us in a free introductory wellness class or make an appointment to meet with a practitioner in one of our clinics. Enjoy a book and cup of tea in our bookstore/café. Browse our healing arts library.

Should you discover that you are ready to embark upon your own journey of discovery, we invite you to meet personally with an admissions counselor, schedule a tour, and observe a class.

**For more information** about our institutional partnerships, academic programs, and community wellness resources, call Tai Sophia at 800-735-2968 or visit our website [www.tai.edu](http://www.tai.edu).





**Tai Sophia  
Institute**

7750 Montpelier Road  
Laurel, MD 20723

[www.tai.edu](http://www.tai.edu)

phone 410-888-9048

toll free 800-735-2968

fax 410-888-9004



**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**OPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOP**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**OPHIA**  
*great wisdom*

**TAI SOPHIA**  
*great wisdom*

**TAI SOP**  
*great wisdom*