

# Tai Sophia Institute

# Graduate Certificate in Chinese Herbs

**Now Enrolling for April 2011**

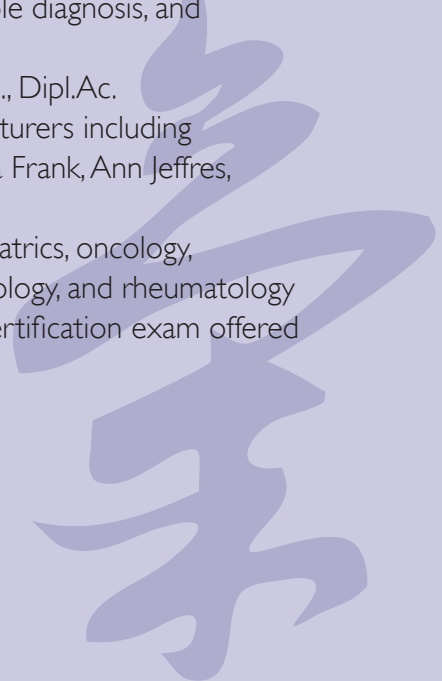


## **Program Overview**

Tai Sophia Institute is pleased to announce its newly redesigned, 25-month, stand-alone **Graduate Certificate in Chinese Herbs**. The program integrates Five Element constitutional diagnosis into a deep understanding of Classical Chinese Medical perspectives. The program traces the history of ideas in Chinese Herbal Medicine from the classics to contemporary use, and includes a comprehensive didactic component as well as an expanded clinical rotation.

## **Program Highlights**

- Designed for working practitioners as well as current acupuncture students in a 25-month, executive weekend format with a distance learning component
- Unique in the country for its integration of Five Element constitutional perspectives, Classical Chinese Medicine, Eight-Principle diagnosis, and Zang-Fu pattern differentiation
- Led by new program manager, Evan Rabinowitz, M.Ac., Dipl.Ac.
- Features experienced faculty and prominent guest lecturers including Ann Cecil-Sterman, Stephen Cowan, Thea Elijah, Cara Frank, Ann Jeffres, and Jeffrey Yuen
- Enhanced specialty focus in second year includes pediatrics, oncology, gynecology, gastroenterology, ENT, dermatology, neurology, and rheumatology
- Provides eligibility to sit for the Chinese Herbology certification exam offered by the NCCAOM
- Eligible for federal financial aid





## Faculty

Detailed biographies of faculty members are available online at [www.tai.edu](http://www.tai.edu).

### Program Manager and Core Faculty

#### Evan Rabinowitz, M.Ac., Dipl.Ac.

Evan Rabinowitz is the Director of the Chinese Herbs Graduate Certificate Program at Tai Sophia Institute. He is a former faculty member in the Chinese Herbal Medicine Department at the Academy for Five Element Acupuncture. Evan is a graduate of Tai Sophia Institute's Master of Acupuncture and Graduate Certificate in Chinese Herbs programs. After completing his initial herbal training, he apprenticed with Thea Elijah and has continued to teach with and work closely with her for many years. Evan has studied with Jeffrey Yuen for the last seven years, most recently completing a graduate certificate in Chinese Herbal Medicine and Advanced Acupuncture. Evan received his bachelor's degree from The George Washington University, where he studied comparative religion and traditional Eastern philosophies and has spent 15 years studying Perennial Philosophy with Professor Seyyed Hossein Nasr.

#### Associate Faculty

Ann Cecil-Sterman, M.S., L.Ac.

Cara O. Frank, Dipl.Ac., Dipl.C.H., R.Ac.

#### Assistant Faculty

Mary Beth Burke, M.Ac.

Lucía G. Perillán, M.Ac., Dipl. Ac.

#### Guest Lecturers

Jeffrey Yuen, B.S., Dipl. C.H.

Thea Elijah, M.Ac., Dipl. Ac.

Stephen Cowan, M.D., FAAP

Anne Jeffres, D.A.O.M., M.S.

## Program Format

The 37-credit, 25-month Graduate Certificate in Chinese Herbs meets as follows:

Year One (April 2011–March 2012) consists of 12 two-day weekends (Saturday and Sunday) and an intensive in August. Class times are from 9:00 a.m. – 6:00 p.m.

Class dates:

- April 9-10, 2011
- May 21-22, 2011
- June 18-19, 2011
- July 23-24, 2011
- August 6-9, 2011
- September 24-25, 2011
- October 22-23, 2011
- November 12-13, 2011
- December 3-4, 2011
- January 7-8, 2012
- February 4-5, 2012
- March 3-4, 2012
- March 24-25, 2012

Year Two (April 2012–April 2013) includes both classroom and clinical experiences, and consists of one two-day weekend (Saturday and Sunday), 12 three-day weekends (Friday, Saturday, and Sunday), and an intensive in August. Specific dates will be announced.

## Distance Learning Component

A portion of the program (84 hours) will be offered in a distance learning format that students can fulfill in a self-paced fashion over the course of study.

*For additional information or to apply, please contact the Office of Graduate Admissions at 410-888-9048 ext. 6647, or [admissions@tai.edu](mailto:admissions@tai.edu), or visit [www.tai.edu](http://www.tai.edu).*



## Program Eligibility

In order to enroll this program you must meet one of the following criteria:

- Graduate of Tai Sophia Institute's Master of Acupuncture program.
- Current student in Tai Sophia's Master of Acupuncture program.\*
- Graduate or current student\*\* of an Acupuncture or Oriental medicine program that is accredited by, or in candidacy, with the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).
- Currently licensed acupuncturist in the U.S. who does not fall into any of the above categories.
- Professional healthcare provider currently licensed in the U.S. to practice acupuncture within the scope of a medical practice.

\* Tai Sophia Institute Acupuncture students who have not completed Trimester 6 by April 2011 may now enroll in the Graduate Certificate in Chinese Herbs. They must also register for and complete the Chinese Herb Prep Course which will be offered January-March 2011, before the Chinese Herb program begins.

\*\* Students currently enrolled in Acupuncture programs other than Tai Sophia Institute's must submit transcripts to verify completion of basic Zang-Fu and Patterns of Disharmony, or complete the Chinese Herb Prep Course which will be offered January-March 2011.

## Health Requirements

- Current, documented tuberculosis skin test (PPD). If PPD is positive, a completed TB screening form is required.
- A completed "Hepatitis B Vaccination Form for Students" stating prior vaccination, declining vaccination, or indicating plan to receive vaccination. This form and a Hepatitis B information packet will be provided to students prior to the start of the program.

## Tuition and Fees

**Application Fee:** \$75

**Tuition:** Total program cost for the 37-credit, 25-month Graduate Certificate in Chinese Herbs is **\$15,000**, paid on the following schedule:

April 1, 2011	\$5,000
December 1, 2011	\$5,000
August 1, 2012	\$5,000

### Additional Fees:

The cost of materials is approximately \$500 and includes several required and recommended books. Students may also be required to purchase sample herbs for their learning.

## Financial Aid

Federal financial aid is available for this program. To apply for federal financial aid, complete the Free Application for Federal Student Aid (FAFSA) online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Tai Sophia Institute's school code for completing the FAFSA is G25784.

A limited number of scholarships are also available. For additional funding options, such as private or alternative education loans, please contact Director of Financial Aid John Gay, Jr., at 410-888-9048 ext. 6628 or [jgay@tai.edu](mailto:jgay@tai.edu).



## Chinese Herb Prep Course

### Introduction to Chinese Medical Physiology

This course introduces students to the Chinese concepts of human physiology, which encompass both the physical body and energetic movements that support and maintain optimum health and vitality. The course explores how classical Chinese Medicine was the world's first 'holistic' medical system, one that views all levels of living – body, mind, emotions, spirit – as being continuously interdependent and interactive. The course includes lectures and skill exercises to teach students how to diagnose energetic and physiological imbalances, and to recognize signs and symptoms in each of the major Chinese Herbal Medicine categories.

### Course Schedule:

Classes are held 9:00 a.m. - 5:00 p.m. on the following dates:

- January 15-16, 2011
- February 12-13, 2011
- March 26-27, 2011

**Faculty:** David Blaiwas, M.A., M.Ac., Dipl.Ac.

**Course fee:** \$500

**Registration:** To register for the Chinese Herb Prep Course contact the Office of Graduate Admissions at ext. 6647, or [admissions@tai.edu](mailto:admissions@tai.edu). All current Tai Sophia students should register through Student Services by contacting Reginald Garcon at ext. 6620, or [rgarcon@tai.edu](mailto:rgarcon@tai.edu).

## About Tai Sophia Institute

Founded in 1974, today Tai Sophia Institute is a leading center for wellness-based education, client care, and public policy discourse. Accredited by the Middle States Commission on Higher Education, the Institute offers master's degree programs in Acupuncture, Herbal Medicine, and Transformative Leadership and Social Change; graduate certificates in Chinese Herbs, Health Coaching, Herbal Studies, Medical Herbalism, Transformative Leadership, and Wellness Coaching; as well as community workshops and continuing professional education programs.



Tai Sophia's clinical network includes 10 clinical sites in the Baltimore/Washington corridor. These sites provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.

Tai Sophia's mission extends personally to every individual and, from there, reaches all parts of the world by empowering wellness leaders, business executives, and communities; as individuals find new passion in their own lives, they in turn cultivate it in the larger world as catalysts for change wherever they go.



**Tai Sophia  
Institute**

7750 Montpelier Road, Laurel, Maryland 20723

410-888-9048 [www.tai.edu](http://www.tai.edu)