



**Tai Sophia
Institute**

For Immediate Release

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**TAI SOPHIA INSTITUTE,
PREMIER WELLNESS INSTITUTE,
ELECTS FIVE NEW MEMBERS TO BOARD OF TRUSTEES**

LAUREL, MD (February 17, 2009) – In their first meeting of 2009, Tai Sophia Institute's Board of Trustees elects five new members and commits to developing the next stage of expansion of the Institute's academic and community programming, clinical services, and the formalization of health and wellness coaching and consulting to serve businesses, organizations, and communities both local and national.

Newly elected board members are: **Joanne Frederick, B.S., Andre Gingles, J.D., Jennie Hunter-Cevera, Ph.D., Barbara K. Lawson, M.A., and Cornelis H. Wortel, M.D., Ph.D.** Robert M. Duggan, President and Co-Founder of Tai Sophia, explains that "each new board member brings rich experience and wisdom in support of Tai Sophia's growth as a preeminent leader in wellness education and services, and a key voice in building a national wellness system."

According to Mr. Duggan, "Over the next five years, Tai Sophia's goal is to increase its graduate and certificate degree offerings, add undergraduate programs to its academic curriculum, as well as offer coaching services in the field of health and wellness." He adds, "The emphasis will be on educating and training practitioners, educators, administrators, and leaders for the emerging national wellness system."

Mr. Duggan notes that Tai Sophia is well positioned to provide key national leadership in launching an approach to wellness that is designed to keep people healthier and to reduce healthcare costs. Says Duggan, "Tai Sophia will link its academic programs with community wellness education, training, research, and clinical services in ways that go beyond complementary and alternative and integrative medicine."

New Board Members:

President and CEO of Market Strategies consulting firm, **Ms. Frederick, of Fulton, MD**, is a seasoned public sector market development executive with more than 18

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years of experience in various government contracting activities.

Mr. Gingles, of Calverton, MD, is the owner of Gingles LLC, founded in 2003, which represents a small cadre of clients on large mixed-use real estate development projects and government relations.

Along with many years of scientific research and consultation as well as political and community leadership, **Dr. Hunter-Cevera, of Ellicott City, MD**, has served as President of the University of Maryland Biotechnology Institute since October of 1999.

Ms. Lawson, of Columbia, MD, a partner in Synergies Consulting Group and former director of the Columbia Foundation, has a varied career in the nonprofit and government human services sector as well as experience in disaster relief, financial and business consulting.

CEO of Clinquest Group BV, **Dr. Wortel, of Hudson, MA**, has more than twenty years experience in the development of (bio)pharmaceuticals and innovative medical technologies in international academic and industrial (bio)pharmaceutical research.

The new members join the current Board, chaired by Sherman L. Cohn, J.D., LL.M. and including Immediate Past Chairman R. Harwood Beville, M.B.A.; Chancellor Dianne M. Connelly, Ph.D., M.Ac. (U.K.), M.A., Dipl.Ac. (NCCA); President Robert M. Duggan, M.Ac. (U.K.), M.A., Dipl.Ac. (NCCA); Donald Manekin, B.A.; Simon Mills, M.A.; Rustum Roy, Ph.D., M.Sc., B.Sc.; and Vice Chair Adele Wilzack, M.S., R.N.

ABOUT TAI SOPHIA INSTITUTE

Tai Sophia Institute, a private, nonprofit organization based in Laurel, Maryland, is a center for wellness-based education, client care, and public policy discourse. Founded in 1975 as a small healing arts clinic, the Institute has evolved into a diverse resource providing graduate academic programs, continuing education, community wellness programs, and clinical services in acupuncture, nutrition, and herbal medicine. Its 12-acre main campus also houses a bookstore, herbal dispensary, library, and herb and meditation gardens. Tai Sophia is accredited by the Middle States Commission on Higher Education and offers three graduate degrees in Acupuncture, Herbal Medicine, and Applied Healing Arts. The Master of Acupuncture program was the first in the United States to be accredited by the Accreditation

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Commission for Acupuncture and Oriental Medicine. The Institute's faculty, staff, and students donate more than 15,000 community service hours to a variety of projects, and its practitioners provide more than 35,500 treatments and consultations yearly. The Institute empowers wellness leaders, business executives and communities to learn the art of caring for and serving one another.

To learn more about Tai Sophia Institute, its services, partnerships, and initiatives, please visit www.tai.edu or call 410-888-9048.

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