

Tai Sophia Institute
Fact Sheet



**Tai Sophia
Institute**

www.tai.edu

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Welcome to the place where wellness spreads.

Tai Sophia Institute

Founded as a small healing arts clinic, Tai Sophia is a leading center for wellness-based education, client care, and public policy discourse. The Institute, accredited by the Middle States Commission on Higher Education, offers master's degree programs in Acupuncture, Herbal Medicine, and Transformative Leadership and Social Change; graduate certificates in Chinese Herbs, Transformative Leadership, Herbal Studies, Medical Herbalism, Health Coaching, and Wellness Coaching; as well as community wellness and continuing professional education programs.

Tai Sophia's clinical network has grown to include 10 clinical sites in the Baltimore/Washington corridor. These sites now provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.

Tai Sophia's mission extends personally to every individual and, from there, reaches all parts of the world by empowering wellness leaders, business executives, and communities; as individuals find new passion in their own lives, they in turn cultivate it in the larger world as catalysts for change everywhere they go.

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Accreditation

Tai Sophia Institute is accredited by the Middle States Commission on Higher Education. The Institute's Transformative Leadership and Social Change, Acupuncture, and Herbal Medicine master's degree programs, as well as all of the Institute's graduate certificate programs, are approved by the Maryland Higher Education Commission (MHEC). The Institute's Master of Acupuncture program is accredited by the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM) and was the first acupuncture program to be accredited in the United States.

Vision

Rooted in nature and timeless wisdom, Tai Sophia Institute will be an anchoring academic institution for a global wellness community that enables all of us to practice the arts of living and dying.

Mission

Tai Sophia Institute is a graduate school in the fields of health and wellness characterized by our values-driven learning community and our commitment to shape the future of healthcare through personal and public service.

Our transformative and relationship-centered programs and services integrate the timeless wisdom of nature and ancient healing traditions with contemporary knowledge to develop practitioners and leaders capable of creating and sustaining individual and community wellness.

2009 Student Demographics[†]

424 students enrolled in master's degree programs (Acupuncture, Herbal Medicine, Applied Healing Arts*) and a graduate certificate program in Chinese Herbs.

| | | |
|---------------------------|-----|--------|
| <i>Current Enrollment</i> | 424 | (100%) |
| Acupuncture | 241 | (57%) |
| Applied Healing Arts | 100 | (24%) |
| Herbal Medicine | 65 | (15%) |
| Chinese Herbs | 18 | (4%) |

Ethnicity

| | | |
|------------------|-----|-------|
| African American | 43 | (10%) |
| Asian | 25 | (6%) |
| Caucasian | 311 | (73%) |
| Hispanic | 5 | (1%) |
| Native American | 4 | (1%) |
| Foreign | 9 | (2%) |
| Other | 16 | (4%) |
| Unknown | 11 | (3%) |

Age

The average student age is 40. Student population ranges in age from 22 to 68.

Gender

| | | |
|--------|-----|-------|
| Female | 347 | (82%) |
| Male | 77 | (18%) |

Geographic Regions

| | | |
|------------------------------|-----|-------|
| International | 9 | (2%) |
| Regional (DC, MD, VA, PA) | 364 | (86%) |
| Other States | 51 | (12%) |

[†] Tai Sophia's student demographics are updated annually in October.

* The Applied Healing Arts master's degree program has been renamed Master of Arts in Transformative Leadership and Social Change.

Highlights

- There are approximately 1,400 graduates of Tai Sophia Institute living and working in 40 states and six countries.
- Tai Sophia's clinical services deliver 35,500 health and wellness treatments and consultations annually.
- Tai Sophia faculty and students donate more than 15,000 community service hours annually through the Tai Sophia Community Health Initiatives (CHI), a community-based program committed to redefining health and wellness.
- Each year more than 2,500 people participate in Tai Sophia community and continuing education programs.
- Campus resources are available to local residents, including library, bookstore, gardens and clinics.
- Tai Sophia has partnerships and collaborations with The Center for Mind-Body Medicine, the Community Health Initiatives (CHI) network, Howard Community College (Columbia, MD), Howard County, Maryland government, Kennedy Krieger Institute, McCormick & Company, Samueli Institute for Information Biology, and SustainCare Community Interest Company (UK), among others.

Notable Dates

- **1974** – Incorporated in Maryland as the College of Chinese Acupuncture, U.S., by co-founders Bob Duggan and Dianne Connelly.
- **1975** – The Institute's co-founders and their partners open the Centre for Traditional Acupuncture (now the Natural Care Center), one of Maryland's first acupuncture clinics, in Columbia, MD.

Boards

Trustees

Sherman L. Cohn, J.D., LL.M., *Chair of the Board*
Dianne M. Connelly, Ph.D., M.Ac. (U.K.), M.A., Dipl.Ac. (NCCA)
Robert M. Duggan, M.Ac. (U.K.), M.A., Dipl.Ac. (NCCA)
Hamed Faridi, Ph.D.
Joanne M. Frederick, B.A.
André J. Gingles, J.D.
Barbara K. Lawson, M.A.
Donald Manekin, B.A.
Simon Mills, M.A.
Adele Wilzack, M.S., R.N., *Vice Chair of the Board*
Cornelis H. Wortel, Ph.D., M.D.

- **1978** – The college amends its charter and the name is changed to the Traditional Acupuncture Institute (TAI).
- **1981** – First class in acupuncture begins.
- **1985** – TAI is the first school accredited by the National Accreditation Commission for Schools and Colleges of Acupuncture and Oriental Medicine (NACSCAOM), now known as the Accreditation Commission for Acupuncture and Oriental Medicine (ACAOM).
- **1986** – Maryland Higher Education Commission empowers TAI to bestow the Master of Acupuncture (M.Ac.) degree.
- **2000** – TAI is renamed Tai Sophia Institute to reflect its expanding mission and encompass its new programs.
- **2002** – New master's programs in Herbal Medicine and Applied Healing Arts begin classes. Tai Sophia Institute moves to its new 12-acre campus south of Columbia, MD.
- **2006** – Tai Sophia Institute is accredited by the Middle States Commission on Higher Education.
- **2009** – Tai Sophia Institute enhances Applied Healing Arts program and changes program name to Transformative Leadership and Social Change. The Institute receives approval to offer graduate certificates in Transformative Leadership, Herbal Studies, and Medical Herbalism.
- **2010** – Tai Sophia Institute receives approval to offer graduate certificates in Health Coaching and Wellness Coaching.

Overseers

Anne Bartley
R. Harwood Beville, M.B.A.
George Bunting, M.B.A.
Guy Hollyday, Ph.D., M.Ac.
Wayne B. Jonas, M.D.
Rustum Roy, Ph.D., M.Sc., B.Sc.
Fritz Frederick Smith, M.D., M.Ac. (UK)
John G. Sullivan, J.C.D., Ph.D.