



For Immediate Release

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**TAI SOPHIA INSTITUTE CO-FOUNDER RECOGNIZED FOR HIS LEADERSHIP
*Robert Duggan to Receive Distinguished
Richard G. McCauley Leadership Award June 5***

LAUREL, Md. (May 20, 2008) – Robert Duggan, president and co-founder of Tai Sophia Institute, will be presented with the Richard G. McCauley Leadership Award at the Fifth Annual Horizon Foundation Awards breakfast on June 5, at the Howard County Conservancy at Mt. Pleasant Farm in Woodstock.

“Bob really has played a transformative role in demonstrating that Western medicine is not the only way to deal with health and wellness,” said Richard M. Krieg, president and chief executive officer of the Horizon Foundation. “We at Horizon have been intrigued by his approaches to broadening our notions of how to lead healthier lives.”

Duggan holds master’s degrees in acupuncture, human relations and community studies, and moral theology. He has practiced traditional acupuncture formally since 1972. He co-founded Tai Sophia Institute in 1975 with Dianne Connelly and has since been an influential voice in the industry. With his background, Duggan has the ability to see what exists in our culture at the present moment as optional and then construct new possible futures. He questions, “What is possible? What are the implications of what we say and do for the future?,” then moves toward that future. He has served as chair of the Maryland State Board of Acupuncture and as a commissioner of the Accreditation Commission for Acupuncture and Oriental Medicine. He is the author of “Common Sense for the Healing Arts,” published in 2004.

“Across the spectrum, he has devoted his life to complementary medicine,” added Krieg. “Bob has quite a lot of influence in the county, state and country.”

The award, named in honor of The Horizon Foundation’s first Board Chair, stands in line with the Horizon Foundation’s commitment to address health and wellness issues through strategic grant making, community initiatives and partnerships with private and public institutions. The Horizon Foundation has also pledged to help build a healthy and resilient community in Howard County.

For more information about Tai Sophia Institute, visit www.tai.edu.

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ABOUT TAI SOPHIA INSTITUTE

Tai Sophia Institute is the preeminent institution for wellness-based education, client care, and public policy discourse. Founded in 1975 as a small healing arts clinic, the Institute has evolved into a diverse resource providing graduate academic programs, continuing education, community wellness programs, and clinical services in acupuncture and herbal medicine. Its 12-acre main campus also houses a bookstore, library, herb and meditation gardens. Tai Sophia is accredited by the Middle States Commission on Higher Education and offers three graduate degrees in Acupuncture, Herbal Medicine, and Applied Healing Arts. The Master of Acupuncture program was the first in the United States to be accredited by the Accreditation Commission for Acupuncture and Oriental Medicine. The Institute's faculty, staff and students donate more than 15,000 community services hours to a variety of projects, and its practitioners provide more than 35,500 treatments and consultations yearly. The Institute empowers wellness leaders, business executives and communities to learn the art of caring for and serving one another.

ABOUT THE HORIZON FOUNDATION

The Horizon Foundation is committed to being a leader in innovative health and wellness philanthropy; in the development of model, evidence-based strategies to improve community health and wellness; and in achieving the highest level of health possible within a community context of increasing urbanization and accelerating life demands. It is intent on establishing enduring partnerships with other philanthropies, not-for-profit and volunteer organizations, local and state governments, academic institutions and the business community.

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