

The Journey Continues...

The Art of **Gibby Waitzkin**

June 5- August 25, 2007

Tai Sophia Institute

This work is a culmination of my lifelong interest in Nature.

It is a personal exploration that blends artist-made paper with photographs, scanned imagery and dried and encaustic-preserved flowers from my gardens to evoke memories of family, friends and places.

The elements of the pieces reflect and mirror my own training and life experience – the growing and harvesting of the fibers and the flowers; the shredding, cooking, beating and pouring of the pulp; the photography and digital printing; the composition – the poetic expression of a life or a moment sealed in beeswax.

In addition to their function and aesthetic, flowers, plants and trees have historic symbolic meanings. I have sought to utilize this almost-lost language to describe the emotional

relationship to the subject of the piece. Daisies evoke innocence; grasses reflect the fleeting quality of life; thistle-hard-work; witch hazel-peace; red rose-love or war ; black-eyed susans-justice.

The pieces are very personal but speak to universal themes. They are my personal diary and portraits of others.

All the images in *The Journey Continues...* are digitally printed with archival inks on my handmade papers composed of plants, then sealed with beeswax that was rubbed on the pieces.

I'm dedicating this show to Dianne Connolly and all the folks of Tai Sophia. Dianne has given me the gift of health and the faith that I can heal myself.

"Life is pure adventure, the sooner we realize that, the sooner we will be able to treat life as art."
- Maya Angelou

Titles:

1 **Healing** (*Thank You Dianne*)

23.5" circle, 2005

Paper Pulp: Background – Lavender, Bamboo, Iris, Kukikuya Grass. Photograph by Gibby Waitzkin and Jade Connolly-Duggan. Printed on Lavender pulp over Cotton.

Flowers: Calendula, Sunflower, Lamb's Ear, Garlic Chives, Baby's Breath, Coral Bells, English Daisy, Blue Salvia, Queen Anne's Lace, Orchid, Goldenrod, Mock Orange, Anemone, Lupine, White Hollyhock, Marjoram, Lavender.

As the Tibetan prayer flags, break apart by the wind- they bring happiness, long life and prosperity. These colors represent the elements: earth, water, fire, air. space. Blue: health and longevity, White: purification of karma, Red: wish fulfilling prayer, Green: compassion prayer, Yellow: wind horse-victory over obstacles.

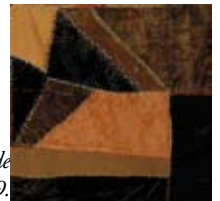
2 **My Amy's Quilt #3**

25" x 25", 2007

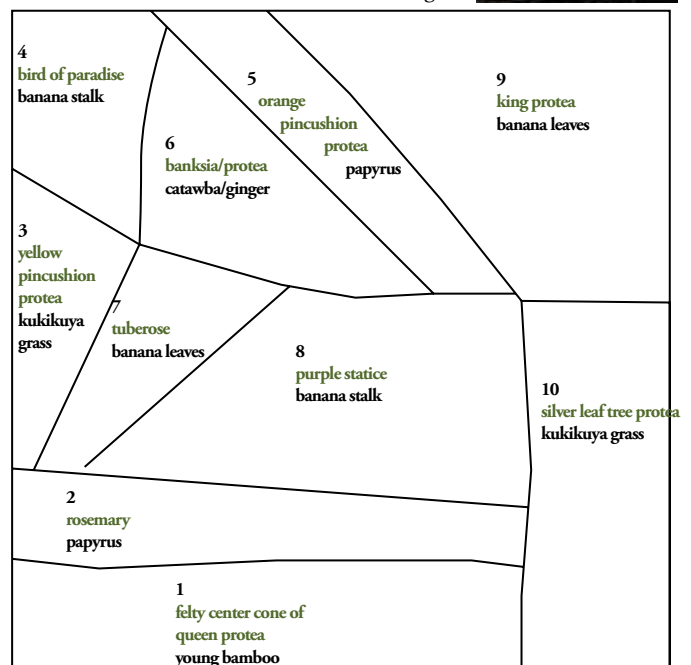
Paper Pulp: Background – Abaca/Iris/Okra/Lavender/Thistle. Foreground – Kukikuya Grass Root, Papyrus, Kukikuya Grass, Banana Stalk, Catawba/Ginger, Banana Leaves

B

Flowers: Queen Protea, Rosemary, Yellow Pincushion Protea, Bird of Paradise, Orange Pincushion Protea, Banksia, Tuberose, Purple Statrice, Silver Leaf



Detail from My Amy's crazy quilt made in 1916 at age 19.



The Journey Continues...

3 My Amy's Quilt #4

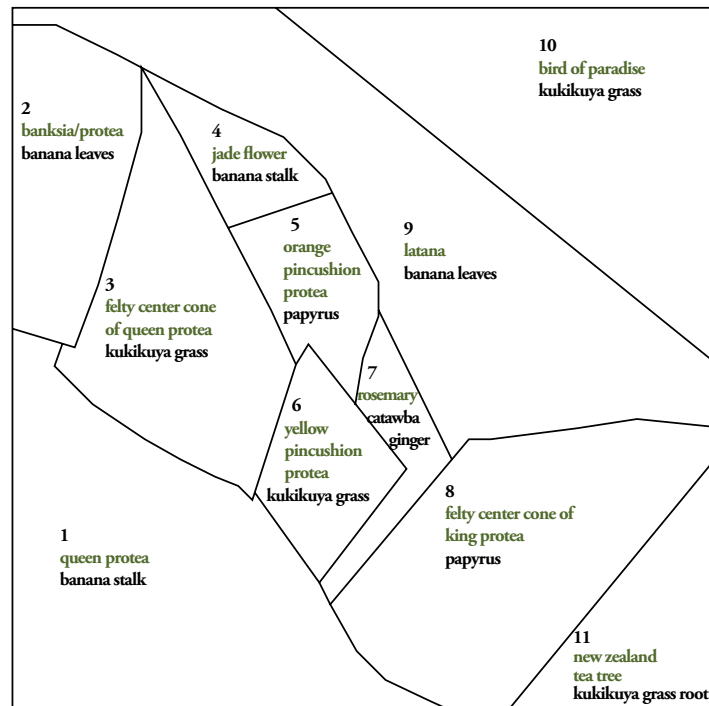
25" x 25", 2007

Paper Pulp: Background – Abaca/Iris/Okra/Lavender/Thistle. Foreground – Kukikuya Root, Papyrus, Kukikuya Grass, Banana Stalk, Catawba/Ginger, Banana Leaves

Flowers: Protea, Banksia, Jade Flower, Orange Pincushion Protea, Yellow Pincushion Protea, Rosemary, Bird of Paradise



Detail from My Amy's crazy quilt made in 1916 at age 19.



4 The Courtship

24.5" x 25", 2003

Paper Pulp: Background – Iris. Post Cards – Hollyhock and Thistle on Cotton. (Written by “Pops” Will Edwards to my grandmother, “My Amy” Shields). Photographs – My Amy & Pops & Archival Studio Prints, printed on artichoke.

Flowers: Dill, Honesty (seeds from my grandmother), Lavender, White Rose, Baby's Breath, Red Salvia, White Clematis, Azalea.

5 Healing #2

1/50 circle print, 2007

Paper Pulp: Abaca/ Iris/ Thistle/ Lavender/ Okra

6 In Search of My Mother's Garden

26" x 33", 2006

Paper Pulp: Hemp/Cattail/Bamboo/Iris/Abaca

Flowers: Lupine, Iris, Fern, Zinnia, Maple

7 Meditation

27" x 29", 2006

Paper Pulp: Hemp/Iris/Cattail/Iris/Bamboo/Abaca/Grass

Flowers: Fern, Grasses

8 Hellebores #1

18" x 12", 2007

Paper Pulp: Hemp/Cattail/Bamboo/Iris/Abaca

9 Nasturtiums

13" x 13", 2007

Paper Pulp: Okra

10 Variegated Roses

13" x 13", 2007

Paper Pulp: Okra

11 Witch Hazel

13" x 13", 2007

Paper Pulp: Okra

12 Trillium

13" x 13", 2007

Paper Pulp: Okra

13 Curve of Magic

17" x 32", 2006

Paper Pulp: Photograph- French Provencal Cotton

Background:-Grass

14 Ginkgo

30" x 12", 2007

Paper Pulp: Iris

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15 Wall of Healing

72" x 71", 2007

15-1. Lily

Paper Pulp: Hemp

15-2. Rose

Paper Pulp: Okra

15-3. Digitalis

Paper Pulp: Grass

15-4. Hollyhock

Paper Pulp: Abaca

15-5. Lavender

Paper Pulp: Thistle

15-6. Mallow

Paper Pulp: Young Bamboo/Abaca

15-7. Honeysuckle

Paper Pulp:

15-8. Peony

Paper Pulp: Abaca/Couch(Hemp)/Thistle/Iris

15-9. Rosemary

Paper Pulp: Banana Stalk

15-10. Violet

Paper Pulp: Bamboo

15-11. Hellebores

Paper Pulp: Bamboo

15-12. Thyme

Paper Pulp: Banana

15-13. Sage

Paper Pulp: Abaca

15-14. Jack in the Pulpit

Paper Pulp: Iris/Abaca

15-15. Red Clover

Paper Pulp: Okra

15-16. Chives

Paper Pulp: Okra

15-17. Marjoram

Paper Pulp: Abaca/Iris/Okra/Thistle

15-18. Camellia

Paper Pulp: Banana

15-19. Lavender

Paper Pulp: Okra

15-20. Goutweed

Paper Pulp: Grass

15-21. Thistle

Paper Pulp: Bamboo

15-22. Maidenhair Fern

Paper Pulp: Iris/Abaca

15-23. Vinca

Paper Pulp: Grass

15-24. Ginkgo

Paper Pulp: Iris

15-25. Yellow Iris

Paper Pulp: Abaca/Iris/Okra/Thistle/ Lavender

15-26. Catmint

Paper Pulp: Abaca/Iris/Okra/Thistle/ Lavender

15-27. Wood Fern

Paper Pulp: Abaca/Iris/Okra/Thistle/Lavender

15-28. Peony

Paper Pulp: Abaca/Iris/Okra/Thistle/Lavender

15-29. Artemisia

Paper Pulp: Cattail

15-30. Trillium

Paper Pulp: Okra

15-31. Mint

Paper Pulp: Abaca/Iris/Okra/Thistle/Lavender

The Journey Continues...

15-32. Heather

Paper Pulp: Abaca/Iris/Okra/Thistle/Lavender

15-33. Prunella

Paper Pulp: Catawba/Ginger

15-34. Angelica

Paper Pulp: Hemp

15-35. St. John's Wort

Paper Pulp: Bamboo/Abaca

15-36. Echinacea

Paper Pulp: Grass

15-37. Dill

Paper Pulp: Catawba/Ginger

15-38. Sunflower w/ Queen Anne's Lace

Paper Pulp: Iris

15-39. Pulmonaria

Paper Pulp: Abaca/Iris/Okra/Thistle/Lavender

15-40. Bee Balm

Paper Pulp: Catawba/Ginger

15-41. Witch Hazel

Paper Pulp: Okra

15-42. Nasturtium

Paper Pulp: Okra

15-43. Yarrow

Paper Pulp: Catawba/Ginger

15-44. Borage

Paper Pulp: Cattail

15-45. Red Salvia

Paper Pulp: Thistle

15-46. Solomon's Seal

Paper Pulp: Iris

16 Sarvisberry #2

26.5" x 17", 2006

Paper Pulp: Photograph- Catawba/ Ginger. Background- Hemp/ iris.

Flowers: Sarvisberry branches with spring flowers

17 Rebirth

32.5" x 17.5", 2006

Paper Pulp: Photograph- Catawba, Background- Hemp/ Grass/Flax

Flowers: Fern

18 Anticipation

Boat form, 72", 2007

Paper Pulp: Grass, Thistle, Iris, Cattail

19 Red Rose

5" x 4", 2006

Paper Pulp: Okra

20 Columbine

6" x 4", 2007

Paper Pulp: Catawba/ Ginger

21 Nasturtiums

5" x 4", 2007

Paper Pulp: Okra

22 White Violet

5" x 5", 2007

Paper Pulp: Bamboo

The Journey Continues...

23 My Amy's Quilt #1

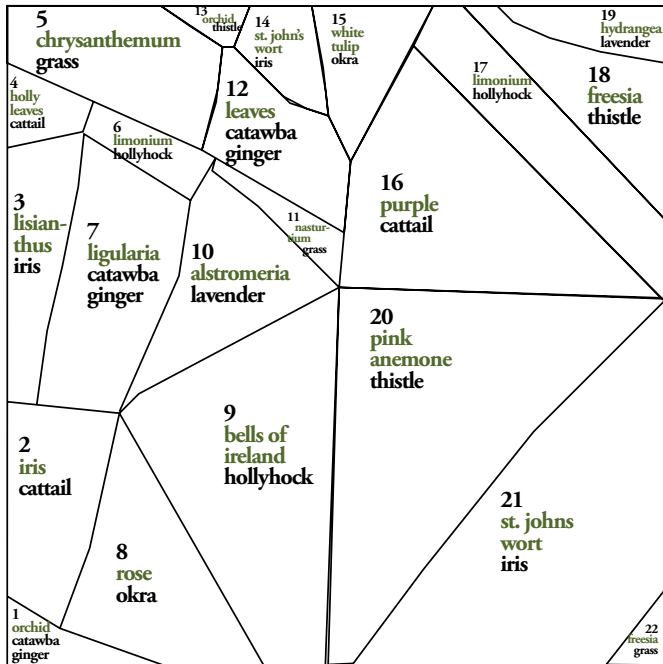
25" x 25", 2007

Paper Pulp: Background – Abaca/Iris/Okra/Lavender/Thistle. Foreground – Catwawba/Ginger, Cattail, Iris, Grass, Hollyhock, Okra, Lavender, Thistle

Flowers: Orchid, Iris, Lisianthus, Chrysanthemum, Limonium, Ligularia (daisy), Rose, Bells of Ireland, Alstromeria, Nasturtium, St. John's Wort, White Tulip, Freesia, Hydrangea, Pink Anemone



Detail from My Amy's crazy quilt made in 1916 at age 19.



25 My Amy's Quilt #2

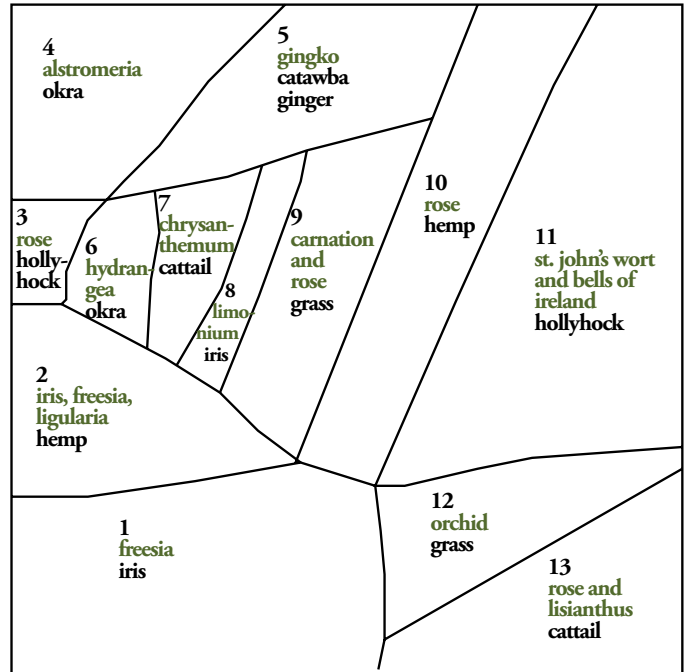
25" x 25", 2007

Paper Pulp: Background – Abaca/Iris/Okra/Lavender/Thistle. Foreground – Iris, Hemp, Hollyhock, Okra, Catawba/ Ginger, Cattail, Grass

Flowers: Freesia, Iris, Ligularia, Rose, Alstromeria, Ginkgo, Hydrangea, Chrysanthemum, Limonium, Carnation, St. John's Wort, Bells of Ireland, Orchid, Lisianthus



Detail from My Amy's crazy quilt made in 1916 at age 19.



24 With a Little Help From My Friends

Boat form, 72", 2007

Paper Pulp: Abaca/Iris/Okra/Lavender/Thistle.

Flowers: Freesia, Iris, Ligularia, Rose, Alstromeria, Ginkgo, Hydrangea, Chrysanthemum, Limonium, Carnation, St. John's Wort, Bells of Ireland, Orchid, Lisianthus, Lily, Palm, Anemone, Calla Lilies

26 Lilies

26" x 26", 2007

Paper Pulp: Abaca/ Iris/ Thistle/ Lavender/ Okra

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27 **Life**

67" x 14 7/8", 67" x 14 7/8", 67" x 15 1/2" Triptych Screen, 2005

Panel One

Side one – Bamboo, Digitalis.

Side two – Sarvisberry Grass, Hydrangea.

Panel Two

Side one – Sarvisberry Grass, Peonies.

Side two – Wood's Grass, Queen Anne's Lace.

Panel Three

Side one – Bamboo, Iris.

Side two – Goldenrod.

The following are on view in the Clinic Area:

28 **Pindy**

30 3/8" x 20 1/4" 2005

Paper Pulp: Background – Lavender, Bamboo, Woody's grasses. Sepia digital print from 4x5 negative by Gibby Waitzkin, 1974 printed on Bamboo over Abaca.

Flowers: White Clematis, Pink Spiderflowers, Fern, Sunflower, Iris, Queen's Anne Lace, Goldenrod, Pink Rose buds, Delphinium.

29 **Burke's Garden**

15" x 8 1/2", 15" x 8 1/2", 15" x 8 1/2" Triptych, 2003

Paper Pulp: Sunflower.

Flowers: Cosmos.

Please note: All sales for the Healing print and the Healing Wall will go as a contribution to Tai Sophia.

The Healing Wall

15-1 lily with seeds 20x10	15-2 rose 5x5	15-3 digitalis 15x5	15-4 hollyhock 20x15			15-5 lavender 15x11	15-6 mallow 15x5	15-7 honeysuckle 6x7	15-8 peonies 30x12	
	15-9 rosemary 15x5						15-12 thyme 9x7			
15-14 jack in the pulpit 12x9	15-15 red clover 6x3	15-17 marjoram 15x5	15-18 camelia 8x6	15-19 lavender 8x3	15-20 gout weed 8x5	15-21 thistle 8x3	15-11 hellebores 13x13		15-13 sage 9x10	
	15-16 chives 6x3		15-24 gingko 12x30				15-25 yellow iris 22x10		15-26 catmint 15x12	
15-22 maidenhair fern 9x12		15-23 vinca 5x5								
15-27 wood fern 24x12		15-28 peony 13x14	15-39 pulmonaria 7x17			15-33 prunella 6x5				
			15-29 artemesia 15x12	15-30 trillium 5x5	15-34 angelica 20x15				15-35 st. john's wort 9x7	15-36 cone flower (echinacea) 11x5
		15-38 queen anne's lace & sunflower 19x14		15-31 mint 5x5				15-44 borage 3x7	15-46 soloman's seal 16x5	
				15-32 heather 5x5				15-45 red salvia 9x7		
15-37 dill 7x12			15-40 bee balm 10x17		15-41 witch hazel 3x8	15-43 yarrow 6x14				
					15-42 nasturtium 3x8					

The Journey Continues...

Glossary of Symbolic Meanings

The following list is a compilation, not a complete one, from many sources - from *Botanica* to *New Encyclopedia of Herbs & their Uses*, *The Meaning of Flowers*, *The Meaning of Herbs*, *Nature's Pharmacy Deck*, *The Brief History of Thyme & Other Herbs*, *Language of Flowers*, *Tussie-Mussies*, *The Pressed Plant*, *Sacred Flowers*, *The Naming of Names*, and endless internet sources.

Abaca	<i>Fertility. Potency. Prosperity.</i>	Coral Bells	<i>Challenge, scholarship, hard work, dainty pleasures</i>
Alstromeria	<i>Friendship. Pleasantries.</i>	Cosmos	<i>Modesty</i>
Anemone	<i>Truth, sincerity, abandonment, expectation</i>	Chrysanthemum	<i>Cheerfulness, optimism, long life, joy, mirth. Truth</i>
Angelica	<i>Inspiration.</i>	Clematis	<i>Mental Beauty, artifice</i>
Artemisia	<i>Power. Dignity. Silver moonlight. Sentimental recollections.</i>	Clover	<i>Industry. Hard work. Good luck.</i>
Azalea	<i>Temperance, love, romance, first love, spring</i>	Daisy, English	<i>Innocence, simplicity, cheerfulness, I share your sentiments.</i>
Baby's Breath	<i>Gaiety. Pure heart. Festivity</i>	Delphinium	<i>Well-being, sweetness, beauty, return of a friend is desired</i>
Bamboo	<i>Durability. Longevity. Graceful strength</i>	Digitalis	<i>Insincerity. Wish.</i>
Banana	<i>Fertility. Potency. Prosperity.</i>	Dill	<i>Irresistible. Soothing.</i>
Bell's of Ireland	<i>Whimsy</i>	Echinacea	<i>Skill. Capability.</i>
Bird of Paradise	<i>Magnificence.</i>	Flax	<i>Domestic Industry, Fate, I feel your kindness</i>
Borage	<i>Courage. Bluntness. Directness. Speak your mind.</i>	Freesia	<i>Innocence</i>
Calendula	<i>Health. Joy. Remembrance. Constancy. The Sun. Affection. Grief. Jealousy. Misery. Cares.</i>	Garlic Chives	<i>Courage, strength, protection</i>
Calla Lily	<i>Magnificent Beauty, Panache, Feminine modesty</i>	Ginger	<i>Pleasant. Comforting. Warming.</i>
Camellia	<i>Excellence. Beauty. Contentment.</i>	Ginkgo	<i>Complementary. Balance. Unity.</i>
Carnation	<i>Admiration, fascination, ardent and pure love, bonds of love, un fading beauty, woman's love (Rhododendron family) Beware.</i>	Goldenrod	<i>Precaution. Encouragement. Good Fortune.</i>
Catawba	<i>Danger.</i>	Goutweed (Aegopodium)	<i>Protection.</i>
Catmint	<i>Virtue. Warmth of Feeling.</i>	Grass	<i>Submission. Utility. Fleeting quality of life</i>
Cattail	<i>Peace. Prosperity.</i>	Heather	<i>Admiration. Wishes come true. Protection from danger.</i>
Chives	<i>Courage. Strength. Protection.</i>	Hellebores	<i>Scandal. Calumny. Cure for melancholy. Remedy for madness.</i>
Columbine	<i>Folly, I cannot give thee up!, resolved to win, desertion, gifts of the holy spirit.</i>	Hemp	<i>Fate</i>

Hollyhock	<i>Ambition. Fecundity. Healing.</i>	Palm	<i>Victory</i>
Honesty	<i>Honesty, Fascination, Trustworthiness, sincerity</i>	Papyrus	<i>Docility.</i>
Honeysuckle	<i>Bonds of love. Generous and devoted affection. The color of my fate</i>	Peony	<i>Bashfulness. Beauty. Welcome.</i>
Hydrangea	<i>Boastfulness, Heartlessness, devotion, remembrance</i>	Protea	<i>Risque</i>
Iris	<i>Message. Faith. promise</i>	Prunella	<i>Virtue. Warmth of Feeling.</i>
Jack in the Pulpit	<i>(Arum Family) Ardour.</i>	Pulmonaria	<i>(Lungwort/Cowslip) Pensiveness. Winning Grace.</i>
Jade	<i>Welcome home husband however drunk ye be. Tranquility.</i>	Queen Anne's Lace	<i>Haven. Protection. I'll Return.</i>
Kukikuya Grass	<i>Submission. Utility. Fleeting quality of life</i>	Rose	<i>Simplicity. Love. Beauty. Grace. Reward of virtue. May you be pleased and your sorrows mine! Joy. Friendship. Silence. Unity. Wisdom. Remembrance. Justice. Fidelity. Devotion.</i>
Lamb's Ear	<i>Softness, gentleness, surprise, support</i>	Rosemary	<i>Wisdom. Skill. Esteem. Mitigates grief.</i>
Lantana	<i>Rigour</i>	Sage	<i>Wisdom. I think of you. Forever Thine. Energy. Temptation. Perpetual Concord. Animosity. Superstition. You are a prophet. Protection.</i>
Lavender	<i>Success. Devotion. Constancy. Soothes the trembling and passions of the heart.</i>	Salvia, Blue	
Ligularia	<i>Innocence. Simplicity</i>	Salvia, Red	
Lily	<i>Purity. Fruitfulness. Majesty. Resurrection</i>	Sarvisberry	
Limonium	<i>Never-ceasing remembrance. Gratitude. Dauntlessness.</i>	St. John's Wort	
Lisianthus	<i>Show</i>	Static	
Lupine	<i>Voraciousness. Imagination.</i>	Sunflower	
Maidenhair Fern	<i>Fascination. Discretion</i>	Thistle	
Mallow	<i>Mildness. Consumed by love. Beneficence.</i>	Thyme	
Maple	<i>Reserve, elegance, keys, beauty</i>	Trillium	
Marjoram	<i>Kindness. Blushes. Joy. Consolation.</i>	Tuberose	
Mint	<i>Virtue. Warmth of Feeling.</i>	Tulip	
Mock Orange	<i>Counterfeit. Brotherly Love.</i>	Vinca	
Monarda	<i>(Bee Balm) Compassion. Sweet virtues. Your whims are quite unbearable.</i>	Violet	
Nasturtium	<i>Patriotism</i>	Witch Hazel	
New Zealand Tea Tree	<i>(Myrtle Family) Love, marriage, married bliss, fidelity, passion, peace, home, joy</i>	Wood Fern	
Okra	<i>(Hibiscus Family) delicate beauty</i>	Yarrow	
Orchid	<i>Luxury, love, refinement, nobility, scholarship, a belle, beauty, numerous progeny, lust, I await your favors</i>	Zinnia	

The Journey Continues...

Thank You's

Where to start?

Right after I was asked to have a show at Tai Sophia Institute, I found out that I was going to have to have another (sixth) foot operation. The surgery was a fusion on my right foot- involving insertion of a metal plate with screws, a nerve block, lots of pain killers, two different casts, bed-ridden for months and in a wheel chair, unable to drive, etc. etc.

When I came to Dianne six years ago, I was in pretty bad shape with a rare nerve disease, CRPS, because of numerous foot operations. Over the past six years, Dianne, Jan Donmerholt, Dr. Gerwin, Dr. Thomas, Kelly, my nutritionist, Sharon Alperowitz, Dr. Charles Olsen, Joe Paolucci, Mary Brown, Cynthia Cooper – all helped to move my mind, body, and soul to another place – another adventure – my art. So, when I heard that I was taking another journey, or as Dianne says, “the dance”, I decided I had to really be part of my healing – I had to do everything possible to keep my pain syndrome from spreading. The goal of healing myself was a clear one for me - I got there by every force I had my family, my friends, my East to West - doctors, every healer available!!!

Thank you to all of you:

First to my husband and my best friend, Buz, who has always been there for me in every way - throughout this journey, this dance has been amazing. His love, support, admiration, and advocacy of my art has been incredible. To my son, Graeme, and his future wife, Kate, you are the best – our hope for a better future in our world. (Graeme helped me plant over 1,500 lavender plants in 2001) To my parents... Ralph and Bennie – who passed on the seeds of my grandparents – figuratively and spiritually – as well as their knowledge of plants, their love of gardening, their work ethic, encouraging me to always pursue my adventure in art, but also make sure to take care of myself. To my brother, Woody, and his wife, Nancy, who opened up their home, their garden in Hawaii with its extraordinary plants and flowers, and helped me produce the Hawaiian fibers for the Quilts #3 and #4. (Nancy, with a degree in acupuncture and Chinese medicine kept me full of good energy with my recovery stay at their home.) To my apprentices, Minnie Martin and Eva Thornton, who have poured endless hours into producing these works – assisting in gathering flowers, pressing, gathering fibers – soaking, cooking, washing, beating, pouring, vacuuming, pressing, drying – papermaking is hard work. In addition, they helped with waxing, mounting, hanging the works for the show. Their graphic design talents assisted in the show glossary, guide, and list. They've been there from start to finish. And then there's always Scot- who comes to the rescue on invites and other materials! I would also like to thank Andrea Goodrum, who helped with the pulp preparation.

With a Little Help from my Friends and *Quilts #1 and #2* are flowers from friends and family that encouraged me through six long months – Jill & Barry, Gail & Peter, Cynthia & Jeff, Barbara Ann & Bruce, Eli, Bunny & Charles, Sue & Carmen, Bridget & Hugh, Marilyn & Jack, R.G., Georgia & Tom, Louis & Alina, Lucia, Nancy & Ralph, Nancy & Randy, Rick & Julie, Wanda, the folks at Fox-Kiser- Alan and Dan, Jackie & Woody, Silvie, Susan & Lloyd, Ed & Randy, Flory, Lucy & Benny, Ellen & Rich, Nancy, Amy & Lindsay, the folks at Harvest Moon – Margie, Katherine, & Connie, Annette, and so many others. Another healer I need to thank is Jason Redinbo, with whom I started working after my surgery at the Blue Ridge Center for Chinese Medicine. His team, Eli & Melissa, and many others who helped me from the very beginning and continue to help and teach me.

Needless to say, many works would not be on these walls if not for My Amy, my paternal grandmother. She continues to be my kindred spirit in creating my art. Thank you for being. Of course, it goes without saying that John Wilson here Tai Sophia is a wonderful guy, his guidance, input, enthusiasm, assistance and great smile kept me going.

In final, I want to dedicate this body of work to all the healers and each of us who struggle and succeed in the journey of healing.

Gibby Waitzkin