

Tai Sophia Institute

# Master of Arts in Transformative Leadership and Social Change



Organizations, and indeed the wider world, are calling for leaders who are skilled at broad and complex thinking, relationship building, and ethical decision making, and who can achieve and sustain social change. Tai Sophia's groundbreaking **Master of Arts in Transformative Leadership and Social Change (TLSC)** will prepare you to be more influential and more effective in the workplace and beyond.

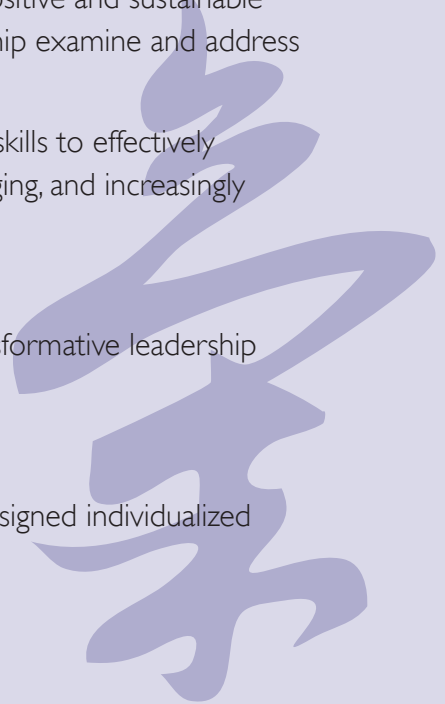
Through a unique and comprehensive philosophical framework, the curriculum combines the emerging field of transformative language with evidence-based leadership competencies drawn from contemporary knowledge and global wisdom traditions.

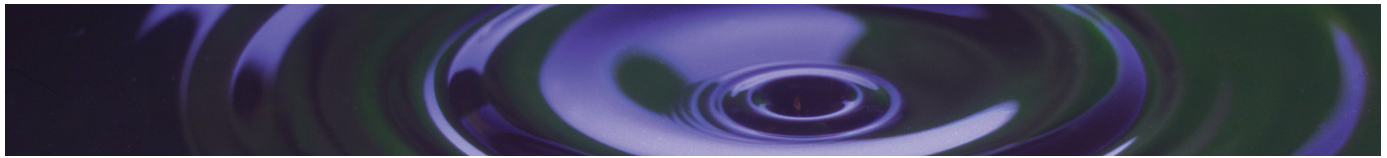
More than a leadership model or theory, the field of transformative language is based on the intentional and rigorous use of language to create positive and sustainable change. Transformative language and transformative leadership examine and address how we think, relate, and work at an underlying level.

Graduates are innovative leaders with the capacity and the skills to effectively and successfully meet the challenges of a diverse, ever-changing, and increasingly complex world.

## Program Highlights

- Developed and taught by innovators in the field of transformative leadership
- Relevant to a wide range of professions and interests
- Designed for established and emerging leaders
- Presented in executive weekend format
- Two years of core coursework followed by a student-designed individualized application phase
- Eligible for federal financial aid





## **Transformative Leadership at Tai Sophia**

The Transformative Leadership and Social Change program is designed to empower a new generation of creative and inspiring leaders as agents of change with the requisite skills to infuse their organizations, their relationships, and their own lives with greater clarity, drive, and purpose.

Individuals from all types of backgrounds – including business, education, social justice, wellness and healthcare, law, government/public administration, engineering, consulting, social services, and others – find this program to be life changing and empowering.

The Transformative Leadership and Social Change program is unlike any other leadership program. It will change the way you think. It will change your sense of being. It will change your way of doing your work.

### **Program Goals**

- Apply leadership skills to positively affect others' actions, commitment, effectiveness, and productivity.
- Develop a personal style of leadership grounded in ethics, philosophy, service, individual passions, individual talents, and unification.
- Engage in personal transformation through daily practices and through interaction with a community of committed learners.
- Broaden one's perspective and the ability to generate positive actions and outcomes.
- Mobilize one's self and others toward social and ethical responsibility.
- Create and sustain positive coalitions and communities.
- Approach complex issues and embrace paradox with clarity, vision, and commitment to personal and professional goals.
- Develop the ability to convert breakdowns into breakthroughs.

*For more information, please see Tai Sophia's full Academic Catalog at [www.tai.edu](http://www.tai.edu), or contact the Office of Graduate Admissions at 410-888-9048 ext. 6647, or [admissions@tai.edu](mailto:admissions@tai.edu).*

## **Core Course Descriptions**

**APP 605: School of Philosophy and Healing in Action® (SOPHIA®) Intensive Course**

**4 credits**

This intensive course introduces the philosophical underpinnings at the core of Tai Sophia Institute's academic programs. Drawn from the timeless teachings of global wisdom traditions and the rhythms of nature, and grounded in powerful transformative language practices, this rich course teaches students to be more self-aware, to develop life skills, and to become adept at navigating personal and professional challenges. Through a high level of stimulating discourse and experiential exercises, students begin to think, speak, and act more broadly, more creatively, and more interdependently.

**TLSC 610: Revisioning a Sense of Calling and Commitment in All the Ways We Lead**

**3 credits**

Students embark on an in-depth exploration of their personal and professional talents and capacities for the purpose of creating positive and sustainable change. Students work together to re-inspire professional commitments and personal goals, embedding all their work in the context of innovative leadership in the workplace, the community, and in family life. For master's degree students, this course sets the stage for the individualized Project of Excellence, a capstone service project to be delivered in the workplace, community, or other arena at the conclusion of their program.

**TLSC 615: Practicing Leadership**

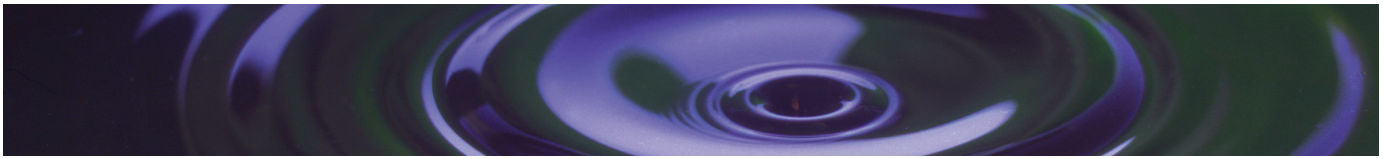
**3 credits**

This innovative course combines contemporary leadership best practices, transformative language skills, and teachings from global wisdom traditions to create a unique model of effective leadership. During this course, students will develop leadership competencies and begin to apply these skills to organizations and other communities using on-the-job opportunities and challenges. Students will learn to redefine and manage organizational paradoxes such as: success and failure; leading and following; acting and reflecting; and holding steady while being flexible.

**TLSC 616: Mobilizing Energy for Change: Engaging Teams and Systems**

**1 credit**

Being able to see clearly, develop a shared view with others and mobilize energy toward a compelling, life-giving future is a core competency of leadership. Using models from organizational best practices, nature, and the wisdom traditions, students



will learn the basic steps and stages of consulting to a team or organization. Through simulated team activities students learn skills in data gathering, conducting assessments, providing feedback and action planning. These core skills provide a basic framework whereby students learn to facilitate dialogues of shared meaning that create focus, generate creative options and gain a group's commitment to action.

**TLSC 617: Consolidation Weekend I\***  
**1.5 credits**

**TLSC 620: Recovering Oneness with Nature: Opening to Interconnection**  
**3 credits**

The cyclical and seasonal qualities of nature are powerful and relevant models for understanding how individuals and groups function. Using nature as teacher, this course examines how all individuals, teams, organizations, and communities are living systems that can operate in or out of balance. Through exploring traditional and modern cosmologies, as well as ecological themes and sustainability, students are provoked to think and act from a deeper and broader perspective – one that achieves balance, promotes collaboration, and honors interconnection – in order to effect positive change.

**TLSC 630: New Science; New Thinking**  
**3 credits**

This course surveys the very latest developments in the physical and biological sciences that are redefining key scientific notions and creating a path for science, art, business, and spirituality to work together as integrated disciplines.

Students are taught disciplined, constructive inquiry so they can critically and constructively question existing and habitual patterns of thinking – from the personal level to the cultural level. Students will gain an appreciation for how new patterns of thinking emerge and lead to new options and opportunities. This course challenges students' old ways of thinking and increases their skill at thinking "outside the box."

**TLSC 635: Consolidation Weekend II\***  
**1.5 credits**

**TLSC 640: Practicing Stillness through the Timeless Wisdom Traditions**  
**3 credits**

In this course, students explore teachings and practices from Eastern, Western, African, and other indigenous wisdom traditions. These time-tested traditions offer the contemporary leader ways to develop a calm and contemplative mind in order to lead more effectively. Given the pressures and challenges

faced by today's leaders, this course teaches students how to cultivate stillness within and support self-restoration for themselves and those they serve as they move forward more creatively, more skillfully, and with heart. In a global environment, it also offers leaders access to the common values that resonate across traditions, thus allowing them to seek out and express our shared humanity.

**TLSC 650: Practicing Service: Leading through Serving**  
**3 credits**

In this course, students learn the principles and practices of leading others through service in the workplace, organizations, and community life. Students learn how to create and introduce clear visions, engage and inspire others, foster collaborative conversations, transform resistance and opposition into new opportunities, and instill relationship-centered, ethical, and ecological values in the workplace and the community. Students also delve deeper into uncovering assumptions that limit creative and collaborative action and result in ineffective ways of acting and thinking. In this final course before beginning their independent studies, students define and deepen their commitment to their independent studies and Project of Excellence.

**TLSC 655: Consolidation Weekend III\***  
**2 credits**

\* Consolidation Weekends provide the opportunity for review and integration of the work conducted during the previous courses. Consolidation weekends are co-designed by students and faculty to ensure that learning is cumulative and effective.

## **Faculty**

### **Program Director**

Cheryl Walker M.L., MCC

### **Core Course Faculty**

Anne Huyler Baker, M.A.

Tom Balles, L.Ac. (U.K.), M.Ac., Dipl.Ac. (NCCAOM)

David Beares, M.Ac.

Dianne M. Connelly, Ph.D., M.Ac. (UK), Dipl. Ac. (NCCAOM)

Bob Devlin, B.A., M.A.

Robert M. Duggan, M.A., M.Ac. (UK), Dipl.Ac. (NCCAOM)

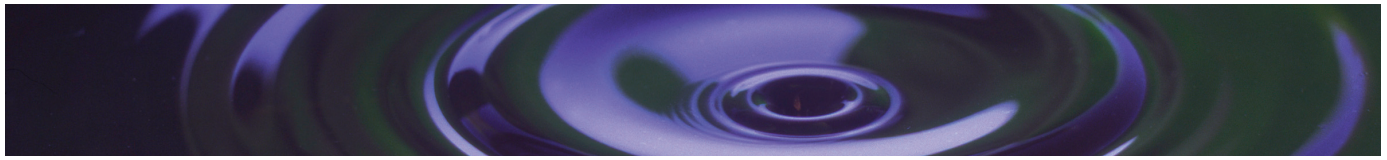
Susan Duggan, M.Ac.

Robert Gordon, M.S., M.A.

Allyson Jones, M.Ac., L.Ac.

Helen Mitchell, Ph.D.

John G. Sullivan, J.C.D., Ph.D.



## Admission Requirements

Prospective students must meet the following admission requirements:

- ❑ Have a minimum of a bachelor's degree from an accredited institution and submit an official transcript.
- ❑ Submit official transcript of highest degree earned beyond a bachelor's degree.

If the degree was not completed at a college or university recognized by a U.S. Department of Education accrediting body, copies of the institution's academic catalog may be required and course syllabi may be requested. International students please refer to the additional instructions outlined under the heading "International Students" in the full academic catalog.

## Tuition and Fees

**Application Fee:** \$95

The application fee increases to \$150 for applications received after November 15.

**Tuition Deposit:** \$750

An individual accepted into one of Tai Sophia's academic programs will be billed a non-transferable, non-refundable tuition deposit. This fee holds a seat in the class for which the applicant has been accepted and will be applied to tuition upon

matriculation. This fee is due upon acceptance and may be paid by cash, check, MasterCard, or Visa.

### Tuition:

Tai Sophia Institute sets tuition rates annually for the academic year (September-August). Tuition for the January 2012 class of this executive format program will be paid in four separate installments on:

December 1, 2011	December 1, 2012
June 1, 2012	June 1, 2013

## Financial Aid

The financial aid office is committed to helping each current and prospective student with the financial aid process. The financial aid director is available to assist you in planning to make your education at Tai Sophia Institute a reality.

To apply for federal financial aid, students should complete the Free Application for Federal Student Aid (FAFSA) online at [www.fafsa.ed.gov](http://www.fafsa.ed.gov). Tai Sophia Institute's school code to use when completing the FAFSA is G25784. For more information see our Financial Aid Guide or go to [www.studentloans.gov](http://www.studentloans.gov).

*For the most current tuition, scholarships, and financial aid details, please visit the Academic Catalog online at [www.tai.edu](http://www.tai.edu).*

## About Tai Sophia Institute

Founded in 1974, today Tai Sophia Institute is a leading academic institution for health and wellness education, client care, and public policy discourse. Accredited by the Middle States Commission on Higher Education, the Institute offers graduate certificates and degrees in a wide range of wellness topics, as well as community workshops and continuing professional education programs.



Tai Sophia's network includes 10 clinical sites in the Baltimore/Washington corridor. These sites provide more than 35,500 treatments and consultations yearly to widely varied populations, which include individuals challenged by relationships with addictive substances as well as people who are unable to afford wellness services. Additionally, the Institute's faculty, students, and staff donate more than 15,000 hours of community service every year.

Standing on its commitment to be a leader in whole person wellness, Tai Sophia fosters and maintains collaborative relationships with leading academic, medical, and research institutions.



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